

# Surgical Technology Program



Student Handbook 2024-2025 Surgical Careers Center Skyline College 3300 College Drive San Bruno, CA 94066



I have received the 2024-2025 student handbook in paper and/or digital format, read the policies and procedures, and accept that I am responsible for all the information set forth in the Skyline College Surgical Technology Student Handbook.

Student Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# Surgical Technology Program

Welcome to the world of Surgical Technology. This is an exciting, challenging, and rewarding career. In this world, you are a perennial student, learning new procedures and techniques and meeting new people every day. At worst, it can be stressful, both physically and emotionally. At best, it can be fun and a source of pride as you rise to meet the challenges you will face.

The Healthcare Profession needs people like you, people who are willing to work hard to care for others while braving the risks found in the operating room of today. There can be much satisfaction working in the Healing Arts. We, your instructors, wish to tell you how much we respect you for taking on the responsibilities of this new career.

The Student Handbook is designed to orient you to the Surgical Technology Program and to be a resource throughout the course. Please, study it carefully prior to the first day of instruction. Keep it handy; you never know when you might need the information it contains.

Franco Deal, CST Program Director

TBD Clinical Coordinator

Teresa Barnes, CST Adjunct Instructor

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# **Goal Statement**

The Surgical Technology Program's goals are to

1. Prepare the student in the psychomotor skills and techniques necessary to perform the role of the Surgical Technologist.

2. Offer guidance and model behavior to the student to enhance the affective domain of learning.

3. Provide information about Surgical Technology and stimulate critical thinking.

# Accreditations

Skyline College is accredited by the Commission for Accreditation of Community and Junior Colleges, 3402 Mendocino Street, Santa Rosa, CA 95403. The Surgical Technology Program is accredited by the Commission on Accreditation of Allied Health Education Programs (www.caahep.org) upon the recommendation of the Accreditation Review Committee on Education in Surgical Technology.

Commission on Accreditation of Allied Health Education Programs 25400 U.S. Highway 19 North, Suite 158 Clearwater, FL 33768 312-553-9355

# Philosophy

To facilitate learning, the following concepts are in practice inside and outside the classroom:

- There is no such thing as a stupid question. Chances are, if you have a question, someone else may have the same one. So, ASK IT!
- In the OR department, we work as a team. Each student learns differently and can serve as a resource for his/her fellow students. Therefore, we encourage the formation of study groups.
- Education is participatory. The responsibility for the learning experience belongs to the student and the instructors.
- Learning will take place in an informal atmosphere. Feel free to stop the instructor to ask questions or share information. However, we ask that you respect the rights of any person speaking, student or instructor, by raising your hand before you speak.
- Our office doors are always open. If it is not, please wait outside or leave a message by email, text, or on Voice Mail. We will get back to you.
- We are all your instructors and your advisors. Let us know how we can help you meet the course objectives and your professional goals. If necessary, we can refer you to the appropriate office elsewhere at the College.
- > At the end of the course, the student will have the opportunity to evaluate the instructors.

# **TEACHING METHODS**

- > Daily review, question and answer period covering the previous day's assigned reading
- > Self-instruction modules, written and on computer
- > Lectures, demonstration, audio-visuals, and class exercises
- > Clinical skills labs, clinical performance, and evaluations

#### **LEARNING METHODS**

- > Own the responsibility to learn Participate!
- Be prepared, check the syllabus and course schedule. Read the outline and assigned readings <u>BEFORE</u> the lecture so misconceptions can be cleared up during the lecture. Read each learning objective and check if each one was met. HINT: Objectives are clues to what the exams will cover.
- LISTEN FIRST! Then, take notes: use key words. Avoid writing every word Summarize.
- Start your own glossary. Write down words or abbreviations you don't know or circle them while reading. Look them up and add them to your glossary. Practice using them when discussing the material with your peers.
- > Utilize your classmates for support. Remember, you are all in the same boat.
- Review class notes every night. Remember: every time you READ ABOUT IT, WRITE ABOUT IT, TALK ABOUT IT, you increase your chances of LEARNING IT.
- If you are having a problem with the course material, or your clinical performance, see the instructor <u>immediately</u>.
- > Above all, make learning FUN!

# Objectives

At completion of the Surgical Technology Program, the graduate shall, at the level of an Advanced-Beginner, be able to:

- 1. Correlate the knowledge of anatomy, physiology, pathophysiology, and microbiology to the roles and responsibilities of a Surgical Technologist.
- 2. Recognize the actions and applications of medications used in the perioperative setting.
- 3. Identify commonly used equipment and supplies used in the perioperative setting.
- 4. Apply principles of asepsis to any perioperative event.
- 5. Demonstrate safe practices according to the professional healthcare organizations' standards regarding the patient and members of the Surgical Team.
- 6. Perform competently the skills of a Surgical Technologist.
- 7. Apply the knowledge and skills of a Surgical Technologist to address the psychosocial needs of a surgical patient.
- 8. Use legal, moral and ethical principles to evaluate the care of a surgical patient.
- 9. Acknowledge and value the characteristics of diverse communities.
- 10. Demonstrate professional attributes of a Surgical Technologist.

# **Student Learning Outcomes**

Upon completion of the program, the student shall be able to:

- 1. Demonstrate knowledge of surgical technology equal to an entry-level surgical technologist.
- 2. Demonstrate competence in clinical skills equal to an entry-level surgical technologist.
- 3. Demonstrate behavior appropriate for an entry-level surgical technologist.

#### TRANSPORTATION

Reliable transportation to and from the college, clinical site, and field trip assignment is **mandatory**. Examples of reliable transportation include automobiles, motorcycles, or scooters. Public transportation is not considered reliable. Hospital sites can range from a few blocks to 80 miles away from your home depending on the availability. Requests for specific clinical placement will be taken into consideration; however, there is **no guarantee** this will be possible.

#### **COMPUTER SKILLS**

- > Able to access WebSMART, CANVAS, and other websites/applications
- > Use of a computer, laptop, tablet, and/or smartphone with a reliable internet connection
- Use of MS Word, MS Excel, and MS PowerPoint
- NOTE: Due to revisions to the Core Curriculum by the Association of Surgical Technologists, the student must be able to demonstrate computer skills in order to pass the National Certification Exam.

Course Name	Graded Work	Non-Graded Work
Course Name MEDA 415: Law and Ethics for the Allied Health Professionals SURG 880SC: Introduction to Surgical Technology	Graded Work I. Written Assignments II. Weekly Quizzes III. Projects IV. Final Exam I. Written Assignments I. Medical Terminology – Translate a section of a surgical textbook into lay terms. 2. Aseptic – Research and report on an aseptic technique using the	Non-Graded Work  Self-learning modules on: Surgical Scrub  Surgical Scrub
	internet. II. Weekly Quizzes (~2 per week) III. Final Exam IV. Professionalism (see <u>page 20</u> for the Attendance Policy) Note: the student must successfully complete both classes prior to entering the fall classes.	OR Communication
		The Surgical Technologist
SURG 441: Patient Care Concepts	I. Weekly Quizzes (~2 per week) II. Final Exam (comprehensive, including SURG 440, 441, and 451) III. Instrument Project (Identify 250 instruments)	
SURG 451:	I. Assignments and Quizzes	Additional lab practice time

II. Skills Evaluations (x4)

IV. Final Skills Evaluation

Oral Presentation
 Video of Skills Project

III. Projects

Surgical Skills Lab

# ACADEMIC REQUIREMENTS

(3 hours per week)

Skills checklist

Course Name	Graded Work	Non-Graded Work
	Note: the student must successfully complete both classes prior to entering the Spring classes	
SURG 442: Surgical Specialties SURG 443:	I. Weekly Quizzes II. Final Exam (comprehensive including SURG 440, 441, 451, 442, and 443) Final Clinical Evaluations (one for each	1. Weekly clinical
SURG 443: Clinical Practice for Surgical Technology	rotation)	<ol> <li><u>Weekly clinical</u> <u>evaluations</u> from the preceptor</li> <li><u>Surgical case logs</u> – documentation of various surgical procedures the student has experience</li> <li><u>OR skills checklist</u> – a record of clinical skills acquired by the student and verified by the preceptor</li> <li><u>Clinical journals</u> – daily reports of the student's clinical experience Note: Clinical evaluations, journals, and timecards must be submitted every Wednesday.</li> </ol>
SURG 455: CST Exam Prep	I. Assignments II. Quizzes III. Final Practice Exam	1. National Board of Surgical Technologist and Surgical Assistants Certification Exam

# **Program Requirements**

# **REQUIRED TEXTS**

All textbooks must be purchased prior to the first day of class. Failure to purchase these books will place the student's standing in the program in jeopardy. Textbooks and software are available at the Skyline Bookstore one week before the first day of class, or on-line at <u>www.amazon.com</u> or other sites.

## SUMMER / SURG 880SC:

<u>Medical Law and Ethics</u>, See Syllabus of Instructor for MEDA 415 <u>Any Medical Dictionary</u>, textbook or software. Examples: Mosby's, Taber's, or Dorland's <u>Surgical Technology</u>, Edition 8<sup>th</sup>, Author: Joanna Fuller, Published 17th December 2020 <u>Workbook for Surgical Technology</u>, Edition 8<sup>th</sup>, Author: Joanna Fuller, Revised 30th January 2022.

#### FALL/ SURG 441 & 451:

Pocket Guide to the Operating Room, 4th Edition, Goldman, 2020, F. A. Davis

LANGE Q&A Surgical Technology Examination, Eighth Edition, Authors: Carolan Sherman,

Mary Chmielewski, Published: August 20, 2021

Differentiating Surgical Instruments, 3rd Edition, Rutherford, 2020, F. A. Davis Company

# SPRING/ SURG 442 & 455:

Surgical Technology Certification Exam Review, Assoc. of Surgical Technologists, 2020

# SUMMER / SURG 443:

Pocket Guide to the Operating Room, 4th Edition, Goldman, 2020, F. A. Davis

#### **RECOMMENDED TEXTS**

(Available at Amazon.com or <u>www.ast.org</u>)

<u>Pharmacology for the Surgical Technologist</u>, 5th Edition, Howe & Burton, 2020, Saunders <u>Instrumentation for the Operating Room</u>, 9<sup>th</sup> Edition, Tighe, 2019, Mosby <u>Suture and Surgical Hemostasis</u>, Pienik, 2006, Saunders Differentiating Surgical Equipment and Supplies, 3<sup>rd</sup> Edition, Rutherford, 2019, F.A.Davis.

### **SUPPLIES**

Required:

- Skyline Scrub Suit (top & pants black) for Lab Practice To be ordered in class in July. Cost < \$</li>
- 2. Skyline I.D. Badge (For Summer, 2024)
- 3. Closed Toe Walking Shoes with Leather Uppers (No Sandals or Clogs)

# Recommended:

- 1. Three-Ring Binders, 3", several
- 2. College-ruled paper, several packages
- 3. 3" x 5" Index Cards (For flashcards)
- 4. Pocket Dividers for Handouts
- 5. Lunch bag or Cooler

For Clinical:

- 1. Combination Lock for Locker at Clinical site
- 2. Support Hose for Men or Women (Available at most drug stores)
- 3. Pocket notebook, 4" x 5", for Clinical notes

# **Program Outline**

MEDA 415: Law and Ethics for the Allied Health Professionals

- I. Overview of Medical Law, Ethics, and Bioethics
- II. The U.S. Legal System
  - A. Legal Terminology
  - B. Legal Concepts and Doctrines
  - C. Classifications of Law
- III. Legal System for Healthcare Professionals
  - A. Medical and Nursing Practice Acts
  - B. Standard of Care
  - C. Negligence
  - D. Scope of Practice
- IV. Professionalism, Communication, and Teamwork
  - A. Professional Organizations and Credentialing
  - B. Licensure and Certification
  - C. Employability Skills
  - D. Effective Communication
  - E. Conflict Resolution
- V. Professional Liability and Medical Malpractice
  - A. Standards of Conduct
  - B. Res Ipsa Loquitur
  - C. Malpractice Prevention
  - D. Law of Agency
- VI. Workplace Law and Ethics
  - A. Codes of Ethics
  - B. Diversity and Cultural Considerations
  - C. Health and Safety Regulations
  - D. Workplace Privacy and Discrimination
- VII. Patient Medical Record
  - A. Electronic Medical Record
  - B. Confidentiality and HIPAA
  - C. Patient Rights
- VIII. Relevant Ethical and Bioethical Issues in Healthcare
  - A. Genetic Engineering
  - B. Organ Transplantation
  - C. Contraception, Artificial Insemination, Surrogacy
  - D. Death and Dying

# SURG 880SC: Introduction to Surgical Technology

- I. Introduction to the Profession
  - A. The Surgical Technologist and the Surgical Team
    - i. Roles and Responsibilities
    - ii. Scope of Practice
    - iii. Credentialing
  - B. The Patient Care Environment
    - i. Administration of Perioperative Patient Care Services
    - ii. Healthcare Organizations
    - iii. Regulating Agencies
    - iv. The Operating Room Suite
    - v. Asepsis and Sterile Technique
      - 1. Surgical Attire
      - 2. Hand hygiene
      - 3. Surgical Scrub
      - 4. Gowning & Gloving
      - 5. Skin Preparation and Urinary Catheterization
      - 6. Creating a Sterile Field and Draping
- II. Related Sciences
  - A. Operating Room Pharmacology
- III. Biomedical Sciences
  - A. Information Technology
  - B. Electricity
  - C. Conceptual Physics
  - D. Robotics

SURG 441: Patient Care Concepts

- I. The Preoperative Phase
  - A. Patient Care
    - i. Biopsychosocial Needs of the Patient
    - ii. Preoperative Preparation Routines and Review of the Chart
    - iii. Patient's Rights and Consents
    - iv. Body Mechanics
    - v. Transportation and Transfer
    - vi. Anesthesia
    - vii. Positioning
    - viii. Hazards and Risk Management
  - B. Case Management
    - i. Case Selection & Room Preparation

- ii. Surgical Instruments
- iii. Equipment
- iv. Hazards and Risk Management
- v. Surgical Sponges and Surgical Counts
- II. The Intraoperative Phase
  - A. Patient Care
    - i. Homeostasis
      - a. Temperature Regulation
      - b. Vital Signs
      - c. Hemodynamics
    - ii. Emergency Patient Procedures
    - iii. Hemostasis and Blood Loss Replacement
    - iv. Tissue Replacement Materials
  - B. Case Management
    - i. Basic Routines
    - ii. Variations
    - iii. Incisions and Exposure
    - iv. Wound Healing
    - v. Wound Closure
    - vi. Dressings
    - vii. Drains, Tubes and Catheters
    - viii. Specimen Care
- III. The Postoperative Phase
  - A. Patient Care
    - i. Post-anesthesia Care
    - ii. Death and Dying
  - B. Case Management
    - i. Basic Routine
    - ii. Environmental Sanitation
    - iii. Decontamination
    - iv. Disinfection
    - v. Sterilization
- IV. Assistant Circulator Role
- V. Professional Practice
  - A. Professionalism
    - i. Professional Characteristics
    - ii. Communication and teamwork
  - B. Healthcare facility information
    - i. Healthcare organization and management
    - ii. Physical environment

# iii. Hazards to patients and personnel

## SURG 451: Surgical Skills Lab

- I. The Operating Room
  - A. Structure and Function
  - B. Furniture and Equipment
  - C. Traffic Patterns
- II. Operating Room Attire
- III. Operating Room Routine
- IV. Surgical Instruments
  - A. Identifying Types and Function
  - B. Care and Safe Handling
  - C. Passing of Instruments
  - D. Disinfection, Assembly, and Sterilization
- V. Operating Room Supplies and Equipment
- VI. Aseptic Technique
  - A. Hand Hygiene
  - B. Surgical Hand Scrub
  - C. Gowning and Gloving
  - D. Setting Up a Sterile Field
  - E. Opening Sterile Supplies
  - F. Draping the Patient
  - G. Preserving the Sterile Field
  - H. Troubleshooting
- VII. Patient Care
  - A. Transportation and Positioning of the Surgical Patient
  - B. Skin Preparation
  - C. Assisting with Hemostasis
  - D. Assisting with Wound Closure
  - E. Professionalism
  - F. Communication Skills
  - G. Troubleshooting
- VIII. Mock Surgery
  - A. General Surgery
  - B. Minimal-Invasive Surgery (MIS)
    - i. Diagnostic Laparoscopy
    - ii. Laparoscopic Appendectomy
    - iii. Laparoscopic Cholecystectomy
  - C. Tonsillectomy and Adenoidectomy (T&A)
  - D. Dilatation and Curettage (D&C)

- E. Minor Hand and Plastic Procedures
  - i. Removal of Mass
  - ii. Lumpectomy
  - iii. Breast Biopsies

## SURG 442: Surgical Specialties

- I. Content Format
  - A. Anatomy
  - B. Physiology
  - C. Pathophysiology
  - D. Diagnostic Interventions
  - E. Surgical Intervention
    - i. Special Considerations
    - ii. Anesthesia
    - iii. Position
    - iv. Skin Prep
    - v. Draping
    - vi. Incision
    - vii. Supplies and Equipment
    - viii. Instrumentation
      - ix. Procedural Steps
      - x. Counts
    - xi. Dressings
    - xii. Specimen Care
  - F. Prognosis
  - G. Complications
- II. Surgical Specialties
  - H. Minimally Invasive Surgery
  - I. General Surgery
  - J. Obstetric and Gynecologic
  - K. Genitourinary
  - L. Otorhinolaryngology
  - M. Plastic and Reconstructive
  - N. Orthopedic
  - 0. Ophthalmic
  - P. Peripheral Vascular
  - Q. Cardiothoracic
  - R. Neurosurgery
  - S. Oral & Maxillofacial
  - T. Transplant

III. Employability Skills

# SURG 443: Clinical Practice for Surgical Technology

- I. Surgical Case Rotation Requirements
- II. The Role of the Surgical Technologist in the Scrub Role
  - a. First Scrub Role
  - b. Second Scrub Role

SURG 455: Certification Surgical Technologist Exam Preparation

- I. Introduction
  - a. Importance of Certification
  - b. Exam Content Outline
  - c. Recommended Resources
- II. Study Seminar
  - a. Reading Methods
  - b. Study Habits
  - c. Test Taking Strategies
- III. Surgical Case Management
  - a. Preoperative Case Management
  - b. Intraoperative Case Management
  - c. Postoperative Case Management
- IV. Surgical Specialties
- V. Practice Exam

# Resources

<u>Surgical Careers Center:</u> Textbooks, Journals, CDs.

Skyline Library and Interlibrary Loan System (Building 5)

<u>Skyline Learning Center (Building 5)</u>: FREE! Tutoring in Math, English, Reading, Writing, Test-taking Skills, Study Skills

<u>Skyline STEM Center</u> (Building 7, 3<sup>rd</sup> Floor): Computer apps available on designated sites <u>Association of Surgical Technologists</u>: scholarships, professional development, and publications (<u>www.ast.org</u>)

<u>Association of periOperative Registered Nurses</u>: (<u>www.aorn.org</u>)

# "The best resources in the universe can only help if you utilize them" Child Development Laboratory Center

The Skyline College Child Development Laboratory Center (CDLC) is a laboratory program that provides a comprehensive childcare and early education program for students, staff, and faculty of the San Mateo County Community College District and community members. The hours of operation are from M-Th 8:00-4:30 PM, F 8:00-12:30 PM. The program serves children ages 18 months until into five years of age and entry into Kindergarten. The

Center is located behind the Loma Chica School, on the north side of the college campus. For more information, call 650-738-7070. Places fill up quickly, so call as soon as possible.

# **Educational Access Center (EAC)**

In coordination with the Educational Access Center, reasonable accommodation shall be provided to any student deemed qualified by the EAC office. This includes learning disabilities as well as physical disabilities. If a student has special needs, s/he must see the instructor on or before the first day of class to submit an accommodation letter and to discuss these needs. To obtain more information, the EAC office number is 650-738-4280.

## COUNSELING

Students may find trying to balance work, school, and family a daunting task. The demands of vocational training can place stress on anyone. Counselors can assist you with educational planning, academic probation/dismissal concerns, associate degree and certificate planning and application, transcript evaluations and course planning, transfer planning, and major/career exploration.

# Smart People Ask for Help. Be Smart Call: 650-738-4318

# **TEMPORARY HOUSING**

During the Spring externship, students will be assigned to hospitals in the Greater San Francisco Bay Area. All efforts will be made to assign students to locations closest to their homes. However, clinical sites may become available in locations 50 miles or more away and commuting may place the student at risk of being late. There is temporary housing available through a private realtor. For more information, go to <u>www.Oakwood.com</u>.

# **Policies and Procedures**

# ACADEMIC INTEGRITY

Plagiarism is defined as copying another's work or taking text from another source and passing it off as one's own work. Cheating is defined as copying answers from another student's test or obtaining answers from another resource during a test or changing answers after the grading of a test. The work you submit must be your own. The Skyline College Student Handbook has a complete statement defining cheating and plagiarism. If you are caught cheating, you will receive a zero on the test and must report to the Supervisor of the

Allied Health Programs. If there is a second incident, you will be subject to disciplinary action including possible suspension or dismissal from the Program.

# ASSIGNMENT OF CLINICAL SITE

- The clinical coordinator will assign students according to each student's academic performance (attendance, grades, and professional demeanor). **The location of the facility, time of shifts, and personnel assigned are not guaranteed**. Negotiations of assignments are prohibited. A clinical assignment may be rescinded or modified at any time. The clinical coordinator will make an effort to obtain a placement within a 50-mile radius of the school.
- Negotiations of assignments are prohibited, and refusal of an assignment will result in the loss of priority placement.
- A clinical assignment may be rescinded or modified at any time as result of changes in clinical placement availability.
- A student who refuses an assignment and/or fails to demonstrate competency by the end of the Spring semester, will receive a grade of "No Pass" and will be required to re-register for the course the next time it is offered.
- If a clinical assignment is not completed by the end of the Summer semester due to clinical site placement delay, the student will receive a grade of "Incomplete" and will be offered an opportunity in the **FALL** semester provided site placements and personnel are available to supervise as clinical instructors.
- A student who is unable to complete their training by the end of the FALL, due to clinical site placement delay, will receive a grade of "Incomplete" and will have to return the following year the course is offered.

Delays in starting the clinical training may occur due to illness/injury, or unforeseen events. If a student is delayed more than two weeks, he or she must participate in a supervised lab at least once per week. This is to ensure the student maintains an acceptable skill level and is ready to start training in the O.R. **[Practice is Mandatory]** 

#### ATTENDANCE

Attendance is **mandatory.** This includes arriving to class and the clinical site on the scheduled time, in appropriate attire, and prepared to report for duty. Regular attendance in class and clinical is an obligation assumed by every student at the time of registration.

#### ABSENCES

Tardiness x3 = 1 absence

Absences x3 = verbal warning, written warning, deduction of points from grade Absences x7 = disciplinary action including but not limited to being dropped from the course and dismissal from the program.

**College policy states:** "When repeated absences place the probability of the student's success in doubt, the professor may drop such a student from the course." Absence means non-attendance for any reason. This is an intensive vocational training program in which information regarding the care of human lives is offered at every class. Any absence may put the student's chance of success at risk.

"It is the prerogative of the professor to determine when absences are excessive."

**NOTE**: If the hospital management finds the absenteeism of the student to be excessive, they may request that the student be removed from training. There is no assurance that another clinical site can be obtained for the student. Therefore, the student may be subjected to disciplinary action including possible dismissal from the program.

#### TARDINESS

Frequent tardiness is seen by O.R. managers as unprofessional and can cost a Surgical Technologist his/her job. Therefore, every **class** day, the student is expected to sign in on the attendance sheet by 8:00 a.m. Every **clinical** day, the student will be expected to document their hours on a Timecard that will be signed daily by the Operating Room Nurse Manager or Charge Nurse. Timecards are turned into the Instructor on a weekly basis.

**NOTE**: For excessive tardiness and/or failure to notify the Program office BEFORE the start time of Class or Clinical days, the student will have five (5) PERCENTAGE POINTS subtracted from the next class test. As with any unprofessional behavior, the student will be counseled. If the pattern continues, the student may fail the program.

NOTE: O.R. managers routinely review a student's attendance record before a student is considered for clinical placement.

#### NOTIFICATION PROCEDURE

If, for any reason, the student finds that s/he will be late or absent from class or the clinical site, said student is expected to:

1. Keep office/cell numbers of the Instructors and Clinical sites with him/her at all times.

2. Call the office phone or cell number of the Instructors and the Clinical site BEFORE the start of class or the Clinical day and leave a message.

3. Whenever possible, give several days' notice prior to the absence in writing. Do NOT email the office the day of the absence. O.R. Nurse Managers do not have time to check the email for absent workers. Neither does the Instructor.

#### **LEAVE OF ABSENCE**

For leave of absence (LOA) of greater than a week, the student must request a Leave-of-Absence in writing from the Program Director. Personal Leaves are granted on a case-bycase basis. For Medical Leaves-of-Absence, a letter from the student's physician must accompany the request. The letter must describe the malady and the estimated length of time the student is unable to attend school. Prior to his/her return from a Medical Leave-of-Absence, the student must submit a statement from the physician verifying that the student still meets the physical requirements for training in this program. Leaves are granted according to the following and must meet **all** of the following requirements:

1) Student's academic standing and clinical performance are acceptable and the

2) Leave will not place the student's standing at risk and the

3) Malady does not pose a long-term risk to the student working in the O.R.

**Note**: If the request is made during SURG 440 & 441 the Instructor may exercise the policy for Excessive Absences (See "Attendance") and withdraw the student. If the request is made during SURG 443, the Instructor may require the student to make up the time with Extended Training at the Clinical Site or at another site at a later date. The student will receive an Incomplete on his or her records until such time as the required hours are completed.

#### **BACKGROUND CHECKS/DRUG SCREENING**

Due to increased security at hospitals across the nation, the program requires all candidates for this program to submit to a Background Check and Drug Screening. Applications for this service are mailed to the program candidates who must assume the fee of \$123.00. (Note: This service requires the student to submit his/ her Social Security number.) Should there be any criminal history or a positive drug screen, the Program Director, Allied Health Director, the Division Dean, and the Vice Chancellor of Human Resources will review the results. The student will be advised as to his or her status in the program. Be advised that the ingestion of controlled substances such as mood regulators, muscle relaxants, and narcotic analgesics place the student and his or her patient at risk of injury. If a student must take any of these medications for health reasons, they will not be allowed to train in the hospital until they can pass a new Drug Screening. The Background Check and Drug Screening must be completed prior to admission to the first day of SURG 440 in June. If this is not completed by the deadline, the first person on the waiting list will be accepted.

#### **BASIC LIFE SUPPORT**

All students must submit a current card stipulating the person has received training in Cardiopulmonary Resuscitation (CPR or BLS) for Healthcare Providers that has been approved by the American Heart Association. Below are some examples of AHA courses available in the SF Bay Area:

Safety Training Seminars: <u>www.safetytrainingseminars.com</u> Project Heart Beat: <u>www.Projectheartbeat.com</u> San Mateo CPR Certification Classes: <u>www.Sanmateocprcertificationclasses.com</u>

#### **CHANGE OF ADDRESS**

It is the responsibility of the student to notify Skyline College and the S.T. Program Director, in writing, of a change of address, telephone number or email address.

#### **COMMUNICATION DEVICES**

Cell phones are to be **TURNED OFF** in the classroom. The student may answer the cell phone only during a break. Electronic devices are NOT to be used during testing. If a cell phone goes off during a lecture or lab, the student responsible will be required to pay a small fee to the Surgical Technology Club. The school is not responsible for the loss of or damage to laptops or other electronic devices.

#### **COURSE SYLLABUS**

The Syllabus (or Class Schedule) provides the student with the following information: the date, content of the day's lecture or clinical lab, tests, AV's, speaker, location, and required reading. The class schedule may be subject to change with a 24-hour verbal/written notice. Therefore, it is the student's responsibility to keep the Syllabus at hand and refer to it daily. Readings assigned for a class must be read PRIOR to that class.

#### **DISMISSAL POLICY**

Violation of any policies set forth in the Surgical Technology Student Handbook and/or Skyline College Catalog will first result in a verbal counseling. If a second counseling is required, the Student and the Instructor will meet with the Supervisor of Allied Health Programs to determine disciplinary action. A written contract of expected behavior or performance may be drawn up and signed by the student. A copy will be placed in the student's records and a copy will be given to the student. The student shall be placed on probation until the performance criteria, as written in the contract, have been met. Failure to meet the written behavior or performance criteria may be cause for dismissal. The student will be informed in person and in writing of the reasons for his/her dismissal.

#### **DRESS CODE**

Students are expected to appear neat and professional at all times in class as well as at the clinical sites. Each clinical site could be a future site of employment or a source for a letter of reference. As representatives of the college and ST program, students are advised to dress accordingly.

- In lab, students are required to wear the Skyline scrub suit uniform (top, pants, and hat)
- In the clinical site, the student shall wear Skyline scrub suit uniform to site and change into a hospital-provided scrub suit according to the policy of the institution.
- The student is to wear the Skyline College ID badge on the scrub suit while on the hospital premises.
- For the safety of the student, jewelry and valuables are to be left at home. No jewelry is to be worn in the OR.
- Contact lenses may be worn. For surgical procedures in which hazardous fumes may affect contact lenses, regular glasses must be worn.
- Protective eyewear must be worn while the student is scrubbed in addition to eyeglasses.
- No nail polish or artificial nails shall be worn.
- Walking shoes shall be worn in the OR. Clogs, sandals, and backless shoes are considered unsafe and should not be worn.
- Students (both male and female) are encouraged to wear some type of support hose under scrubs to decrease discomfort and increase endurance.
- Any scented lotions and strong perfumes should be avoided due to sensitivity and allergies of other patients and staff.
- At the Clinical site, student cell phones and other electronics are not allowed in the O.R. **"NO EXCEPTIONS"**

# **CLASS HOURS**

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 AM	SURG 880SC	SURG 880SC	SURG 880SC	SURG 880SC	
9:00 AM	Intro to	Intro to	Intro to	Intro to SURG	
10:00 AM	SURG	SURG	SURG	8:10 - 12:00*	
11:00 AM	8:10 - 12:00*	8:10 - 12:00*	8:10 - 12:00*		
12:00 PM					
1:00 PM	<b>MEDA 415</b>		MEDA 415		
2:00 PM	Law/Ethics		Law/Ethics		
2:15 PM	Online		Online		
	*Plus 3 lab hours per week by arrangement				

#### Summer Semester (Begin Program in June)

#### **Fall Semester**

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 AM	SURG 441	SURG 441	SURG 441	SURG 441	
9:00 AM	Surgical	Surgical	Surgical	Surgical	
10:00 AM	Patient Care	Patient Care	Patient Care	<b>Patient Care</b>	
11:00 AM	8:10-9:20 AM	8:10-9:20 AM	8:10-9:20 AM	8:10-9:20 AM	
12:00 PM					
1:00 PM	Plus SURG 451 Surgical Skills Lab 15.6 hours/week. Students will				
2:00 PM	receive lab schedule during Intro to ST course.				

# **Spring Semester**

	,B ,				
	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 AM	SURG 442				
9:00 AM	Surgical	Surgical	Surgical	Surgical	Surgical
10:00 AM	Specialties	Specialties	Specialties	Specialties	Specialties
11:00 AM	9:00-10:15 AM				
12:00 PM	SURG 455				
1:00 PM	CST Exam				
2:00 PM	Preparation	Preparation	Preparation	Preparation	Preparation
3:00 PM	11:30-2:00 AM				

**Summer Semester (Final Semester)** 

	Monday	Tuesday	Wednesday	Thursday	Friday
6:30 AM	SURG 443	SURG 443	SURG 443	SURG 443	SURG 443
	Clinical	Clinical	Clinical	Clinical	Clinical
	Practice	Practice	Practice	Practice	Practice
	Times may vary				
3:00 PM	480 Clinical Hours with 120 Surgical Cases				
CLASS LOCATIONS					

Most lectures are held in the Surgical Careers Center, building 7, Room 205 on the Skyline College campus, 3300 College Drive in San Bruno unless otherwise noted on the Syllabus. An off-campus field trip assignment may be required and located in one of our Bay Area hospital affiliates. The wise student checks the Syllabus daily for the location of the classes and for reading assignments. Various hospital sites across the San Francisco Bay Area (and beyond) are utilized for Clinical Experience such as Sutterhealth hospitals, Stanford, Kaiser Permanente hospitals, Santa Clara Valley, SF General, Dignity Health hospitals, and others. Therefore, reliable transportation is **mandatory**. Public transportation is not reliable.

#### **Grading Policy**

**Grading Scale** 

Percentage	Letter Grade**	Pass or No Pass*
93 - 100%	А	Р
84 - 92%	В	Р
75 - 83%	С	Р
70 - 74%	D	NP
69% or less	F	NP

\* Only SURG 451, SURG 443 and SURG 880 can be taken for a grade of P/NP. \*\*This scale was set by the Surgical Technology Program Advisory Board. The guiding

principle of the Board is that every patient deserves a surgical technologist who is at least Average or above. Therefore, a student with a "D" GPA will not graduate from this program.

#### **GRADE VALUES**

COURSE REQUIREMENTS	% OF GRADE
MEDA 415: LAW AND ETHICS FOR THE ALLIED	
HEALTH PROFESSIONAL	
WRITING ASSIGNMENTS	25%
PROJECTS	25%
MIDTERM AND FINAL EXAMS	<u>50%</u>
	100%
SURG 440: BASIC SCIENCES FOR ST	
QUIZZES AND ASSIGNMENTS	60%
FINAL EXAM	<u>40%</u>
	100%
SURG 441: PATIENT CARE CONCEPTS	
QUIZZES AND ASSIGNMENTS	60%
FINAL EXAM	<u>40%</u>
	100%
SURG 451: SURGICAL SKILLS LAB	PASS or NO PASS
FINAL SKILLS EVALUATION	PASS or NO PASS
SURG 442: SURGICAL SPECIALTIES	
QUIZZES	60%
FINAL EXAM	<u>40%</u>
	100%
SURG 443: CLINICAL PRACTICE FOR ST	
CLINICAL PERFORMANCE	PASS or NO PASS
PROFESSIONALISM	PASS or NO PASS
SURG 455: CST EXAM PREP	PASS or NO PASS

Each semester, the student achieves points from quizzes, assignments, and the Final Exam. For Example: **SURG 880SC**: There are 13 quizzes and assignments worth 100 points each. The quiz with the lowest score is automatically dropped. Total points possible for Quizzes and Assignments per semester = 1200. This is used to obtain an average. For example, 1080 points divided by 12 quizzes and assignments = 90% grade average. Multiply this by the WEIGHT of the Quizzes and Assignments (60% of the semester grade) and the student has earned 54 points. If the student scored an 85% on the Final Exam, this is multiplied by the WEIGHT of the Final (40% of the semester grade) or 34 points. Thus 54 + 34 = Final grade of 88%.

*Please note:* Surgical Technology students are expected to behave in a professional manner. This means using effective communication, meeting deadlines and due dates, treating others with respect, and maintaining an excellent attendance record. To reinforce this behavior, points are subtracted from the student's grades if unprofessional behavior is exhibited. Therefore, for every violation of any of the policies regarding behavior or attendance published in this handbook, the student shall lose five (5) points from the semester total. For further discussion of Professionalism, see <u>Page 35</u>.

#### **INCOMPLETES**

A grade of Incomplete is given only if the student has not completed his or her SURG 443 Clinical Hours. It is granted on a case-by-case basis according to the rules stated in the Leave of Absence policy (See <u>Page 21</u>). Completion of Extended Training is not to exceed one semester past the graduation date of the class. The Instructor must receive in writing an agreement from the Clinical site verifying their permission to allow the student to extend his/her training. Upon completion of the Extended Training, the Instructor will submit a Change-of-Grade request with Admissions and Records to remove the Incomplete. The graduate will then receive his/ her Certificate of Completion.

#### QUIZZES AND FINAL EXAMS (Note special circumstances below in \*BOLD)

Quizzes and final exams are worth 100 points each. Quizzes as well as PowerPoint slides and Objectives for course material are found on the CANVAS website. The quizzes are timed, and the student has two (2) opportunities to take the exam. \*There will be at least two (2) quizzes that each have a lab practical component to them. Therefore, these will be given in the classroom using a Scantron Sheet and #2 pencils. **If a student fails to sign in on the day this type of quiz is given**, <u>the student shall receive a zero (0) for the grade</u>.

The Final Exams are comprehensive covering all subject areas for the semester. The students take Final Exams in the classroom, using Scantron sheets and #2 pencils. The exams are timed.

# WRITING ASSIGNMENTS (SURG 440, SURG 441, SURG 443)

Assignments are worth 100 points each. Papers must be typed, with correct spelling and in the student's own words. Assignments submitted after their due date will be marked down 5 points each day, they are overdue.

1. Asepsis: Student is to prepare a report on the topic of Aseptic Technique. The written report is submitted to the Instructor and presented to class.

2. Medical Terminology: Student is to translate into laymen's terms an assigned excerpt from a nursing textbook. Submitted and presented to class.

#### GRADUATION

A student who completes the General Education Requirements to obtain an Associate's Degree in Surgical Technology is invited to the College Graduation Ceremonies. Students schedule an appointment with a Counselor in the Spring semester to start the process of applying for an Associate's Degree.

# SURGICAL TECHNOLOGY PROGRAM PINNING CEREMONY

The graduating surgical technologists may choose to celebrate PINNING on the college campus in a manner in keeping with the college rules and in respect for the profession of surgical technologists. Arrangements for the graduation will be discussed at meetings of the Surgical Technology Club.

#### **GRIEVANCE PROCEDURE**

Should a student disagree with any policy or decision regarding his/her status in the program, s/he may initiate the following procedure for filing a grievance:

**Step 1:** The grievance shall be presented in writing to the Instructor and the Supervisor of Allied Health Programs within thirty (30) calendar days after the date on which it arises. The Instructor shall reply in writing within seven (7) calendar days after receipt of the grievance. **Step 2:** If the grievance is not resolved at Step 1, the student must then submit the written grievance to the Dean of Math/ Science and Technology within seven (7) calendar days after the presentation of the Instructor's reply. The dispute is then handled by the college's grievance procedure. (See the Skyline College Student Handbook).

#### **HEALTH POLICY**

#### APPOINTMENTS

Doctor, dental or other appointments should be made after class or clinical hours. If, under extenuating circumstances, the student must attend an appointment during class hours, the student is expected to notify the Instructor, in writing, prior to making the appointment. NOTE: The student will be training in a Healthcare facility. Therefore, if the student presents with contagious symptoms, s/he is strongly advised to stay home and rest. If the student comes to class, s/he must wear a mask unless eating or drinking.

Examples of contagious symptoms include:

- Fever greater than 100° F
- Excessive cold symptoms (drippy nose and eyes, sneezing, coughing)
- Skin eruptions, or recent and/or draining wounds on hands or arms.

#### Conditions that prevent the student from training at the Clinical Site:

- 1. <u>An injury that leaves an open or draining wound</u>. The student may return to training when the wound has formed a scab.
- 2. <u>Pain that must be treated by a Controlled substance (ex: Vicodin, Demerol, etc</u>) Once the pain medication is no longer needed, the student must submit a Dr's clearance before being allowed to return to training. (See Attendance Policy)

# HEALTH SCREENINGS

Prior to entry into SURG 443, every student must pass a Physical Exam and Immunization Screening. Required screenings include proof of immunity to **all** of the following: ("Proof" means a blood test (titer) showing immunity).

Hepatitis B

Varicella

- □ Measles, Mumps, Rubella (MMR)
- □ Tetanus, Diphtheria, Pertussis (TDAP)

>Tuberculosis (TB) clearance by either Two PPD Tests results or QuantiFERON, or chest Xray.

> Documented Seasonal Influenza vaccination, and COVID vaccination.

# HEPATITIS B VACCINATION

The Hep. B immunization series consists of one shot followed in one month by the second shot, followed by the third shot six months later. The student must then obtain a titer (or test) to determine if s/he is "seropositive" (immune). If, after receiving the vaccine series, the student fails to seroconvert from negative to positive, s/he must receive a "booster" and have another titer drawn. If, after the booster, s/he is still not considered immune, the student shall receive counseling by the Instructor about his/her risks working in an O.R. If the student accepts these risks, s/he will be asked to complete a waiver form. A copy shall be placed in the student's record and a copy is given to the student.

#### SEASONAL VACCINES

Every year a different version of the Influenza ("Flu") Virus is identified for which Healthcare providers must be immunized. The Student may use the services of his or her own personal physician or use the services offered at Skyline College Health & Wellness Services. **To schedule an appointment,** email the **skyhealth@smccd.edu** or call **650-738-4270**.

You may also visit their page at: <u>https://www.skylinecollege.edu/healthandwellness/healthservices.php</u>

#### INSURANCE

The San Mateo Community College District maintains **professional liability** coverage for students participating in the Allied Health occupation programs. Liability coverage provides for the services of a lawyer representing the student and the college in the case of an untoward event involving the student while training in the hospital setting.

In case of injury due to on-the-job training, the student is also considered an "Employee" of the College District and is, therefore, entitled to **Workers' Compensation** benefits. These benefits include payments for the care received at the hospital as well as partial payment for additional care. To submit a claim, the student is required to submit to the instructor all documents regarding the care received at the hospital plus a copy of the Surgical Careers Department Incident Report. The instructor will work with the student to complete the Worker's Compensation claim form available online.

#### **JOB FAIR**

Annually, the job market in the Greater Bay Area is surveyed to assess the need for the Surgical Technology Program. This information is shared with the students. Additional services are available through the Counseling Department.

At the end of the Final semester, the Program sponsors a Job Fair. At the Job Fair, the students are introduced to recruiters from interested hospitals. Attendance is **mandatory**. A few weeks before the Job Fair, the students will attend a class on Interviewing Skills and Resume Writing taught by a Career Counselor. The class also advises on dressing for success.

#### JURY DUTY

If a student receives a summons for Jury Duty from a Municipal or Superior Court, that student may be excused due to the fact s/he is in a Vocational Training Program. Please see the instructor for a letter asking for a delay in the assignment until after graduation.

#### LATEX ALLERGY

Be advised that a large number of products used in the Operating Room contain latex and that working in this environment places the person sensitive to latex at great risk. If it is found that a student is sensitive to latex products, the student must be evaluated by an allergist familiar with the protocols of the Centers for Disease Control and Prevention. The student shall be counseled by the Instructors and provided with a list of products containing latex and their alternatives. A Clinical Site must be found that can make accommodations such that the student's health would not be at risk while training. If a site cannot be found that can accommodate the latex-allergic student, she or he will not be able to complete the program.

#### NATIONAL CERTIFICATION EXAM

There are two agencies that offer national credentials for the Surgical Technologist. However, the Association of Surgical Technologists recognizes only the National Board for Surgical Technologists and Surgical Assistants (NBSTSA). The NBSTSA has very strict rules for eligibility: The applicant must have graduated from a formal program which includes many hours of hands-on training and said program must be accredited by the Commission on Accreditation of Allied Health Education Programs (CAAHEP). CAAHEP is affiliated with and supervised by the American Medical Association. The Skyline College Surgical Technology Program has been accredited by CAAHEP since 2000.

#### PREPARATION FOR CERTIFICATION EXAM

SURG 455 is an intensive review and prep course offered online at the end of the program to prepare the class for the National Certification Exam. The class includes a discussion of the cost, application to and eligibility for the exam. The class will also cover test-taking techniques, and assessments. Several noted Preparation texts will be reviewed.

**RESOURCES FOR PREPARATION** 

- Lange's Q&A Surgical Technology Certification Exam, Sherman & Chmielewski, 8<sup>th</sup> Edition, McGraw Hill
- Elsevier's Surgical Technology Exam Review, George and Charleman, 2018, Elsevier
- Surgical Technology Exam Review, 3<sup>rd</sup> Edition, Rogers, Boegli, & LaRue, 2013, Pearson
- Self-Assessment Exam for CST: <u>www.//nbstsa.org/cst-exam-prep</u>

### **OFFICE FACILITIES**

The office tools and kitchen appliances are available for student use. The LCD projector may be used by permission only. There is a computer specifically for the use of students located in the classroom. There are also computers available in the College Library in building 5, and in the STEM Center on the 3<sup>rd</sup> floor.

#### PROFESSIONALISM

A student in this program is under constant observation by healthcare professionals, patients, and visitors both at the College and at the Clinical Site. Failure to comply with the following rules of behavior may be grounds for dismissal from the program. The student is expected to

- 1. Abide by the policies of the program as defined in this handbook.
- 2. Attend all classes and clinical days.
- 3. Be prompt and prepared to all learning sites, class and clinical.
- 4. Keep the Instructors and the Clinical Site managers informed as to absence/ tardiness
- 5. Arrive at each learning site prepared to learn, assigned reading is completed, the student has materials for taking notes, and the student is dressed appropriately.
- 6. Submit assigned course work or required documentation on its due date.
- 7. Treat all persons and property with respect.
- 8. Observe the privacy and confidentiality of all persons.
- 9. Participate in class discussions and in team projects.
- 10. Accept constructive criticism to improve skills

### **Unprofessional Behavior**

Be Advised: Hospitals may fire an employee who exhibits any of the behaviors listed below. A student shall be subject to disciplinary action including possible dismissal for any of these behaviors including but not limited to:

- 1. Frequent absences and/or tardiness.
- 2. Failure to submit documentation on time, or falsifying documentation.
- 3. Abusive, lewd, foul, or threatening behavior to patients, other students, faculty, or clinical staff members
- 4. Student was observed to be under the influence of drugs or alcohol.
- 5. Student was observed committing plagiarism, or cheating, or stealing.
- 6. Student was observed deliberately damaging College or Hospital property.

#### **PROFESSIONAL AFFILIATION**

Students are expected to join the professional organization: <u>Association of Surgical</u> <u>Technologists, Inc</u> (AST). Student membership fee is included in the Gold Bundle for the first year that the student joins AST\*\*\*. Benefits include:

- The Surgical Technologist journal (12-month subscription)
- Lower registration for the national Certification Exam
- Lower registration fees for the national conference
- Low-cost malpractice insurance

A voice in the national and local policies affecting the Surg. Tech. Profession
 \*\*\*Students will be asked to purchase the Gold Student Bundle for \$247.00 which includes the membership fee, the National Certification Exam fee, and the cost of the Exam Study Guide.

## **RETURNING STUDENTS**

A student who is unsuccessful due to academic or nonacademic reasons and wishes to return to the program will be considered for re-entry on the basis of following merits:

1. The student's academic standing, attendance, clinical skills, attitude, and behaviors during his or her involvement with the program.

- 2. Clear reasoning for the student leaving the program including academic, finances, job schedule, home, and family issues.
- 3. Resolution or the potential for resolution of the reason(s) for leaving the program.
- 4. Development of a Student Success Plan in order for the student to be considered for readmission. Resources to help develop this plan may include but are not limited to, academic support, financial aid, academic or personal Counseling, or consultation with the Disability Resource Center as it is applied case by case basis.
- 5. The faculty and clinical instructor's judgment on the student's potential to successfully complete the classroom and clinical phase of the training.
- 6. The availability of space and resources in the program.

The decision to allow the student to re-enter the Program shall be at the discretion of the Program Director after consultation with the Director of the Allied Health Programs and the Dean of Math, Science and Technology Division.

The Student Success Plan will be developed in collaboration with program faculty and academic counselor. The student will be notified once the decision has been made and the process for re-entry will be discussed. This will include:

- Review of deficiencies in student performance to stop out within program
- Student success plan strategies including resources to successfully support completion
- Point of re-entry and specific preparation and/or academic/skills demonstrations
- Student responsibilities in carrying out plan

## **TO Re-enter the Program**

Students will notify the Program Director of their intention to re-enter program during open application period for subsequent cohort (January 15-April 1). Students will be notified of official re-entry following normal admissions procedures. Students will be expected to attend new cohort orientation and resubmit/update any requested admissions requirements (background check, drug test, physical, and immunization documentation). The student is responsible for meeting expectations of the plan and will make regular contact with the academic counselor. The Program Director is responsible for monitoring the plan and to assist the student with resources to promote success. If at any given time the Student is non- compliant with the plan, an early alert will be sent activating further student support systems available at Skyline College.

## **SCHOLARSHIPS**

There are several scholarships available to Skyline students. Interested students should contact <u>Skylinecollege.edufinancialaid/scholarships.php</u>

## For Surgical Technology Students:

- 1. Foundation for Surgical Technology- <u>www.//ffst.org/scholarship.aspx</u>
- 2. ARC/STSA- www.//arcstsa.org
- 3. National Board for Surgical Technologists and Surgical Assistantswww.//nbstsa.org/scholarship

4. Jeanna Davis Award for Skyline Students- Facebook.com/jeannadavisfund.memorial

#### SMOKING

Skyline College is a NON-SMOKING campus. Smoking is prohibited inside healthcare buildings (hospitals and clinics).

## SURGICAL TECHNOLOGY CLUB

The ST Club is one of several clubs on the college campus. The purpose of the club is to promote collegiality among the members and support their goals of learning. Each Club is required to create and abide by a constitution, elect officers, and create and administer a budget. The ST Club has no dues, but monies are available through the Skyline Organization and Club Council (S.O.C.C.) (Skylinecollege.edu/studentclubs/) part of the Student Activities Office. The club members may also engage in fundraising activities according to rules of the S.O.C.C. Monies can be used to fund club outings, activities to honor Surgical Technologist Week (September), provide funds for members who wish to attend the AST national conference, and for the End-of-Year celebration.

### STRESS AND THE SURGICAL TECHNOLOGY STUDENT

This course is extremely stressful mentally, physically, and emotionally. Stress has been known to lead to illness and injury. To reduce or prevent the effects of stress, the student is strongly encouraged to adopt the following recommendations:

<u>REST</u> - 6 to 8 hours a night. Stress places an increased demand on the energy reserve.

<u>EXERCISE</u> - 20 minutes of aerobic activity 3 times a week. This helps in three ways:1) relieves nervous tension; 2) increases strength and endurance needed in the O.R.; and 3) promotes a restful sleep pattern. Simple walking is an aerobic activity.

<u>NUTRITION</u> – 3 healthful meals a day, especially Breakfast, to replenish the energy stores tapped by stress. Actuarial research shows that 75% of all industrial accidents happen to people who do not eat breakfast!

<u>DRUGS</u> - Alcohol, caffeine, nicotine and others stress the body and interfere with a restful sleeping pattern. Avoid them.

The student will be practicing in a HIGH-RISK ENVIRONMENT, caring for HUMAN LIVES. The Surgical Technology student is, therefore, obligated to obtain adequate rest and nutrition to meet the demands of their practice.

C C	
Fees *	Amount
Parking, Health Center, Student Body, Student Union, etc.	~\$146
Physical Examination and Immunizations (Skyline/Own MD)	\$110/\$240
Professional Association Membership and Certification Examination	\$247
Background Check, Drug Screening, and CPR Card	~\$198
Textbooks and Misc. Supplies	\$650

## **Program Fees**

\*Fees are subject to change per the California State Assembly

\*\*Enrollment fees are paid each semester.

For a list of fees, visit the Fees & Cashier's Office at Skylinecollege.edu

#### **WAVER RELEASE**



#### Photo and Video Release Form

I, the undersigned, give my permission to Skyline College to use my likeness (in still photography and/or video) in college promotional materials and commercials. I do not expect to be paid or compensated in any way for my role in the photography and I release all future rights to the images.

Date:		
Name:		
Signature:		
Address:		
Phone:		
Email:		
Parent Signatu	ure (if model is under 18):	
		*1
Parent Name:		
Date:		

Please return this form to the office of Development, Marketing and Public Relations located in Building 4, Room 4329. For more information, please call: 650-738-4346.

## WORKER'S COMPENSATION

## POLICY AND PROCEDURE FOR STUDENTS INJURED AT THE COLLEGE

If a student becomes ill or is injured while in class s/he should:

- 1. Report the incident to the Instructor of the Surgical Technology Program.
- 2. Obtain treatment at the Health Center.
- 3. File an Incident Report with the Instructor within 24 hours of the incident.

POLICY FOR INJURIES OR EXPOSED TO BODY SUBSTANCES AT CLINICAL ROTATION SITE Definitions: "Body Substances" include tissue and/or body fluids, especially blood and fluids contaminated with blood. "Exposure" means the substance contacted bare or broken skin and/or mucous membranes. The student should:

- Immediately report accident, injury, needle stick, splash, or other exposure to body substances. Report to the Instructor of the Surgical Technologist program and the O.R. Nurse Manager or Charge Nurse.
- 2. Follow the Hospital's protocol for employees regarding accidents or body substance exposures.
  - a. Obtain treatment
  - b. Complete all mandatory hospital forms (except Worker's Comp)
  - c. Keep copies for your records
  - d. Complete the Surgical Technology Program's Incident Report
  - e. Complete Skyline's Workers' Compensation Form
  - f. Submit all forms to the Program Instructor ASAP

If the Chancellor's Office of the San Mateo Community College District accepts the Workers' Compensation claim forms, a copy will be sent to the student. If not, the student is obligated to pay the fees for treatment rendered. The student is advised to keep these forms and any correspondence in a safe place for up to four (4) years. If the healthcare facility where treatment was obtained bills the student, he or she should submit a copy of the Workers' Compensation forms to the hospital billing office. See Appendix E for a sample of the Incident Report.

## **COURSE DESCRIPTIONS**

### MEDA 415: LAW AND ETHICS FOR ALLIED HEALTH PROFESSIONALS

Legal relationships of physicians and patients, contractual agreements, professional liability, malpractice, medical practice acts, informed consent, and bio-ethical issues. Emphasis is placed on legal terms, professional attitudes, and the principles and basic concepts of ethics and laws involved in providing medical services for the allied health professional.

#### SURG 880SC: INTRODUCTION TO SURGICAL TECHNOLOGY

This course introduces the profession of Surgical Technology and the patient care environment. The student will learn entry level responsibilities and skills needed as a scrub in operative room.

#### **SURG 441: PATIENT CARE CONCEPTS**

This course provides the student with a theoretical and practical understanding of the technology and practices used in caring for a patient undergoing a surgical procedure.

#### **SURG 451: SURGICAL SKILLS LAB**

During SURG 451, the student is expected to acquire and develop clinical skills at the level of a beginner. The student will receive a skills checklist (Appendix A). Every week, additional hours must be documented to practice skills. The skills must be demonstrated at an "acceptable" level to the instructor. The student is expected to practice these skills independently (without supervision) and in groups. The student will prepare for the final skills evaluation at the end of the semester. The final skills evaluation is cumulative and will be performed in a simulated mock surgery. This class is a **mandatory** requirement, and the student must receive a grade of "pass" to progress to SURG 443: Clinical Practice.

#### SURG 442: SURGICAL SPECIALTIES

Covers the most common procedures and equipment utilized by the surgical technologist during specialty surgery. These surgeries include neurological, cardiac, and pediatric procedures. Prepares the student for the national certification examination. This course is a series of lectures, demonstrations, and online videos of the various surgical specialties. Course work includes study questions from the text and weekly quizzes. The Final Exam is 200 multiple-choice questions covering MEDA 415, SURG 440, 441, 442 and is graded by Scantron. The student must achieve a grade of 75% or better to pass the Surgical Technology Program.

### SURG 443: CLINICAL PRACTICE FOR SURGICAL TECHNOLOGY

Most students will have one 8-week Clinical Rotation at each of two (2) different hospitals selected by the Instructor. The site selection will be based in part on proximity to the student's home and the student's compatibility with the O.R. environment. To pass this course, the student must 1) complete a minimum of 480 hours and, 2) achieve skills in surgical technology at the level of an Advance Beginner (See Final Evaluation, Appendix C). They must also achieve the Standard Level of Case Requirements (Appendix D).

The student is to be assigned to appropriate learning opportunities while in Clinical. A Preceptor must always be immediately available to scrub-in with the student. Sometimes, a Hospital may be short of O.R. staff and may ask the student to "fill-in". A student may not be assigned in place of a trained employee. This policy is in place to protect the patient from harm, and the student and the hospital from legal liability.

SURG 443: Clinical Practice for Surgical Technology is graded as Credit/No Credit (pass/fail). If for any reason the student is not able to complete a clinical rotation, whether due to lack of proficiency in skills or unprofessional behaviors, or due to the Site-requested removal of the student from the Clinical Site, s/he will receive a No Credit (fail) for that class. To complete the program, the student MUST PASS SURG 443.

## **CLINICAL TRAINING (SURG 443): DOCUMENTATION**

Prior to beginning Clinical Training, the student will receive the Clinical Handbook. The Handbook contains Clinical Objectives for every week to guide the student and his or her Preceptor in the training. The objectives are used by the Preceptor to evaluate the student's weekly performance. These <u>Weekly Clinical Evaluations</u> are due every Wednesday. At the end of the First Rotation, the Preceptors will be asked to complete a <u>Final Evaluation</u>. (See

Appendix B). The First Rotation Evaluation is graded to give feedback to the student and identify areas where the student needs improvement. The Final Clinical Evaluation is graded as Pass/Fail. To pass the Surgical Technologist Program, the student MUST satisfactorily meet the Clinical Objectives by receiving a Passing grade on the <u>Final Clinical Evaluation</u> (see Appendix C).

## **Documentation: Timecard**

The hours that the student has spent in the Clinical Training must be verified by the Student Time Card. This is to be signed DAILY by the Charge Nurse or Nurse Manager. Each week, the student submits the Timecard along with the other required documents. (See below). To pass this course, the student must train for a minimum of 480 hours and remain in training until the completion of the Spring semester.

## **Documentation: Clinical Journal**

During the First Clinical Rotation, the student is expected to submit a report of a surgical procedure for every day of training during the previous week. The report is to follow a specific format. It is submitted for review by the Instructor every Wednesday. These reports are used as a learning tool to record the Clinical experience and as an evaluation tool for the Instructor. In addition, this has been proven helpful in reducing stress when the student uses it to vent his/her feelings about Clinical. The contents of these reports are kept in strictest confidence. While the reports are only required for the First Clinical Rotation, the student is encouraged to keep documenting his/ her experiences throughout both rotations.

## **Documentation: Surgical Case Tracking Log**

The student is expected to document proficiency on a number of selected types of surgical procedures. The student will be given a spreadsheet document with the Case Tracking program that allows the student to track these procedures. A summary is submitted to the Instructor at the end of the semester. (See Appendix D). To pass this course, the student must document a minimum of 120 of selected types of surgical procedures s/he is capable of performing independent of the Preceptor.

## **Documentation: Clinical Skills Checklist**

The student is also expected to acquire a minimum number of selected skills. It is the student's responsibility to seek out opportunities to learn these skills and document them on the Clinical Skills Checklist (See Sample in Appendix B). The Checklist will be collected at the close of each rotation and reviewed by the Instructor. To pass this course, the student must acquire the required minimum number of selected skills.

## SURG 455: CERTIFICATION EXAM PREP COURSE

This course is a preparation and review for the Certified Surgical Technologist (CST) examination offered by the National Board of Surgical Technology and Surgical Assisting. To pass this course, the student must take the National Certification Exam. During the Spring semester, the student will be asked to submit a fee for the Gold Bundle which will cover the costs of the exam plus membership in the Association of Surgical Technologists.

## DIRECTORY

Department of Science, Math, and Technology (SMT)	Office (650) 738 – 4221
	Fax (650) 738 – 4299
Jing Folsom	Office (650) 738 – 4354
Dean of Science, Technology, Engineering and Math	
Heather Esparza	Office (650) 738 – 4457
Director of Allied Health Programs	
Shruti Ranade	Office (650) 738 - 4310
Program Services Coordinator	
Franco Deal, CST	Office (650) 738 – 4470
Director of Surgical Technology	Cell (415) 429 - 9166
Teresa Barnes, CST	Cell: (863) 662 - 0193
Adjunct Instructor	

Note: Please, make every effort to discuss your concerns during regular office hours (0800-1700). KEEP the phone numbers of the instructors handy in case of an emergency.

## APPENDIX A: SKILLS LAB FINAL EVALUATION

# (SAMPLE PAGE)

	4	3	2	1
1. Proper OR Attire	Dressed in proper	Missing article	Missing two or	Missing three or
-	OR attire		more articles	more articles
2. Verification of	Sterility of all	One item	Two or more	Three or more
Sterility	instruments and	unverified	items unverified	items unverified
,	supplies were			
	verified			
3. Opening Sterile	Sterile field was	1 field was	2 or more fields	3 or more fields
Field	opened	opened	were opened	were opened
	accordingly	inappropriately	inappropriately	inappropriately
4. Opening Sterile	All supplies were	l item was	2 or more	3 or more
Supplies	opened	opened	supplies were	supplies were
	appropriately	inappropriately	opened	opened
			inappropriately	inappropriately
5. Hand Scrub	Covered all	Missing 1 surface	Missing 2 or	Missing 3 or
	surfaces		more surfaces	more surfaces
6. Hand Drying	Hand drying	Hand towel	Hand towel	Hand Drying
	correctly	touched scrubs	touched scrubs	inappropriately
		but was changed	and was ignored	
7. Gowning	Gowning	N/A	N/A	Gowning
	appropriately			inappropriately
8. Gloving	Gloving	N/A	N/A	Gloving
	according to close			incorrectly
	glove technique			
9. Sharps Safety	All sharps were	1 sharp	2 or more sharps	3 or more sharps
	secured and	unsecured or	unsecured or	unsecured or
	accounts for	unaccounted for	unaccounted for	unaccounted for
10. Surgical Counts	All counts were	l count was	2 or more counts	3 or more counts
	performed	missed or	were missed or	were missed or
	appropriately	performed	performed	performed
		inappropriately	inappropriately	inappropriately
11 Draping Mayo	Mayo stand	N/A	N/A	Mayo stand
Stand	draped correctly			draped
				incorrectly
12. Time Out	Time out	Time out	Time out	Time out not
	preformed before	performed before	performed after	performed
	surgery start;	surgery start;	surgery start	
	participated	participated		
	appropriately	inappropriately		
13. Initial Counts	Counts were	1 item was	2 or more items	3 or more items
	performed	unaccounted for	were unaccounted	were unaccounte
	appropriately		for	for

NOTE: SURG 451 can only be taken with a grade of P/NP. To pass the class, the student must achieve a minimum grade of 75 points out of 100, or 75% on the final skills evaluation. A <u>second</u> and **FINAL** attempt will be given for students who do not meet the minimum grade. A grade of 74% or less on the second and final attempt will result in a grade of N/P for the course. This form is a sample and subject to change.

# APPENDIX B: SURG 443: CLINICAL SKILLS CHECKLIST

(Sample Page)

Student: Ask a nurse or surgical tech at your site to initial your ability to perform these skills. Then, have them sign next to their initials at the end of this form. Evaluator: Please observe the student for competency in the following skills. Verify by signing at the end of this form. Thank you.

		Pass	Fail	No Exp.
1.	Transporting Patients to the O.R.			
	a. Stretcher			
	b. Bed			
	c. Crib			
	d. Wheelchair			
2.	Second Circulator Duties			
	a. Preparation of Patient for Anesthesia			
	1. Transfer patient from stretcher to OR table			
	2. Secure patient, use of arm-boards			
	3. Position patient for spinal/epidural			
	b. Positioning the Patient			
	1. Supine			
	2. Jackknife			
	3. Lithotomy			
	4. Fracture Table			
	5. Supine for Hand			
	6. Supine for Knee Arthroscopy			
	7. Lateral for Thoracic/Urology			
	8. Head and Neck			
	9. Lateral for Hip			
	10. Prone			
	c. Set-up for Endoscopy			
	d. Set-up Hypothermia Blanket			
	e. Set-up Liposuction machine			
	f. Set-up Headlights			
	g. Cleaning/Outdating/Putting Away Go-backs			
	h. Picking Cases			
	i. Labor and Delivery			
	i. Scrubbing in a C-Section			
	ii. Assist w/ Vaginal Delivery			

APPENDIX C: FINAL CLINICAL SKILLS EVALUATION

SURG 443: Clinical Practice for Surgical Technology       Student Name:			
EVALUATION Rotation #2 Date:/	/		
Students must demonstrate independent practice at the level of an advanced-	Good –	Fair –	Needs
beginner with more than 90% of the clinical decision making. The student has now	Excellent	Acceptable	Improvement
completed 16-weeks in the operating room. What is their level of proficiency?			
Knowledge of Surgical Procedures – list at least 5 different procedures the student	1.		
can scrub independently. Additional comments from preceptors:	2.		
	3.		
	4.		
	5.		
Aseptic Technique – consistently practice the principles of asepsis. Can identify and	Independent	Minimal	Needs
any breaks in technique. Able to problem solve and make corrections appropriately.	maepenaent	Assistance	Improvement
Safety – accurately labels all medications, and reports to the team the name and	Independent	Minimal	Needs
quantity of medications used. Passes sharps and sutures in a safe manner.	independent	Assistance	Improvement
<b>Preoperative Activities</b> – able to set up for a routine case in an organized and		Minimal	Needs
efficient manner. Practices efficient time management by assisting others, cleaning,	Independent	Assistance	Improvement
and/or picking cases. Seeks new or additional learning opportunities.		Abbisturiee	improvement
Intra/Postoperative Activities – able to identify the correct suture, medications,		Minimal	Needs
and instruments, per application. Initiates the sponge/sharps counts and performs	Independent	Assistance	Improvement
in a timely, efficient manner. Able to anticipate the surgeon's needs.			
<b>Professionalism</b> – demonstrates initiative by trying to find learning opportunities			
and shows an effort to prepare for assignments in regards to A&P, procedure, and	Independent	Minimal	Needs
preference cards. Responds to constructive criticism appropriately. Reports to		Assistance	Improvement
morning meetings and returns from breaks in a punctual manner.			
<b>Employability</b> – Does the student demonstrate characteristics and skills of a surgical			Needs More
technologist at the level of an advanced beginner and is <b>employable</b> ?	Yes	No	Practice
Preceptor Name/s:	Student Comments:		
Reviewed by:			
Student Signature:			

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