

English Supplemental Instruction
Spring 2009

Self Assessment

Name: _____

Date: _____

This survey is confidential and will not be graded. Its purpose is to help understand how you see your strengths and skills and help identify areas to help you improve your skills.

Part A. Please put an X in the box that best describes your beliefs or feelings.

	Strongly disagree	Disagree	Agree	Strongly Agree
1. I have good writing skills and enjoy writing.				
2. I am afraid of writing essays when I know they will be evaluated.				
3. I look forward to writing down my ideas.				
4. My mind seems to go blank when I start to work on an essay.				
5. I feel confident about my ability to express my ideas clearly in writing.				
6. I often think negative thoughts about myself and my abilities.				
7. People seem to enjoy what I write.				
8. I know if I improve my study habits I can improve my grades.				
9. I expect to do poorly in English classes even before I enter them.				
10. I am good at being an organized student.				
11. I have difficulty managing my time effectively.				
12. I don't think I write as well as most other people.				

Using the scale below, please check the number that best reflects how much confidence you have to successfully do the following academic and study skills tasks:

	1 – No Confidence	2 - Very little confidence	3. Some confidence	4. Much confidence
1. Finish homework assignments by deadlines.	1	2	3	4
2. Study when there are other interesting things to do.				
3. Concentrate on school subjects.				
4. Take class notes.				
5. Use the library to get information for assignments.				
6. Plan and organize my school work.				
7. Remember information presented in class and textbooks.				
8. Arrange for a place to study without distractions.				
9. Motivate myself to do schoolwork.				
10. Participate in class discussions				

Turn over to complete Part B.

Part B. The survey you just completed is designed to help you see how confident and prepared or unprepared you feel about your skills to succeed in your English course.

Which areas are strong for you and are helping you do well in your English class?

Which areas keep you from doing the best you can in your English class?

What do you feel are your strengths and weaknesses as a student? Try to list 3 of each.

_____	_____
_____	_____
_____	_____

How can you use your strengths to improve the areas that you described as keeping you from doing your best?
