Transfer degrees are designed to provide students a clear pathway to a CSU major and baccalaureate degree. Students may choose to complete an Associate in Arts for Transfer Degree (AA-T) or Associate in Science for Transfer Degree (AS-T).

This degree is intended for students who:
- Are interested in completing an Associate Degree prior to transferring to a California State University (CSU) campus
- Plan to complete a bachelor’s degree in a similar major at a CSU campus. For the Associate in Arts Degree in Kinesiology, the similar major at most CSUs is Kinesiology.

What are the benefits for students earning an AA-T Degree?
- Guaranteed admissions with junior standing to the CSU system, but not a particular campus or major
- Priority admissions consideration to a student’s local CSU campus or to a program that is deemed similar to a student’s community college major (This priority does not guarantee admission to specific majors or campuses)
- Required to complete no more than 60 units after transfer to earn a bachelor’s degree.

Who may not benefit from earning this degree?
This degree may not be the best option for students intending to transfer to a particular college or university that is not part of the CSU system. Students should consult with a Skyline College counselor for further information on university admissions and transfer requirements.

To earn the AA-T Degree in Kinesiology, you must:
- Complete the CSU General Education or IGETC (CSU) Requirements
- Complete the required major requirements (22 - 24 units) – see below
- Complete 60 CSU transfer units (this includes general education requirements, major requirements, and elective units)
- Obtain an minimum grade point average of 2.0.

Please Note:
- A grade of “C” or better is required for each course applied to the major
- Up to a total of 15 major course units may be double-counted to apply to meet general education requirements
- This degree does not require the Skyline Associate Degree Requirements.
## Legend

<table>
<thead>
<tr>
<th>C</th>
<th>IP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completed</td>
<td>In Progress</td>
</tr>
</tbody>
</table>

### Required Core Courses:

#### Group A (12 units):

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINE 100</td>
<td>Introduction to Kinesiology</td>
<td>4</td>
</tr>
<tr>
<td>BIOL 250</td>
<td>Human Anatomy</td>
<td>5</td>
</tr>
<tr>
<td>BIOL 260</td>
<td>Human Physiology</td>
<td>5</td>
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</tbody>
</table>

#### Group B - Movement Based Courses (3 units):

Select 3 units from the following with a maximum of one (1) unit from any one area: Combatives, Dance, Fitness, Individual Sports and Team Sports.

- **Combatives**
  - COMB 301: Wrestling, Beginning (1)
  - COMB 302: Wrestling, Intermediate (1)
  - COMB 401.1 - 401.4: Self Defense I - IV (1)
  - COMB 404.1 - 404.4: Shotokan Karate I - IV (1)

- **Dance**
  - DANC 121.1 - 121.4: Modern Dance I - IV (1)
  - DANC 130.1 - 130.4: Jazz Dance I - IV (1)
  - DANC 140.1 - 140.4: Ballet I - IV (1)
  - DANC 152.1 - 152.4: Cuban Roots of Salsa I - IV (1)
  - DANC 161: Tango Argentino (1)
  - DANC 162: Tango Milonga (1)
  - DANC 163: Tango Buenos Aires (1)
  - DANC 164: Tango de la Confiteria (1)
  - DANC 165: Tango Performance Improvisation (1)
  - DANC 166: Tango de la Guardia Vieja (1)
  - DANC 167: Swing Dance I (1)
  - DANC 168: Swing Dance II (1)
  - DANC 169: Swing Dance III (1)
  - DANC 350.1 - 350.4: Cardio Dance I - IV (1)

- **Fitness**
  - FITN 116.1 - 116.4: Body Conditioning I - IV (1)
  - FITN 201.1 - 201.4: Weight Training I - IV (1)
  - FITN 314.1 - 314.4: Backpacking for Fitness I - IV (1)
  - FITN 334.1 - 334.4: Yoga I - IV (1)
  - FITN 335.1 - 335.4: Pilates I - IV (1)

- **Individual Sports**
  - INDV 101.1 - 101.4: Archery 1 - IV (1)
  - INDV 121.1 - 121.4: Badminton 1 - IV (1)
  - INDV 126: Coed Badminton (1)
  - INDV 160.1 - 160.4: Golf I - IV (1)
  - INDV 165.1 - 165.4: Golf: Short Game I - IV (1)
  - INDV 251.1 - 251.4: Tennis I - IV (1)

- **Team Sports**
  - TEAM 111.1 - 111.4: Basketball I - IV (1)
  - TEAM 132.1 - 132.4: Flag Football I - IV (1)
  - TEAM 141.1 - 141.4: Soccer I - IV (1)
  - TEAM 148.1 - 148.4: Indoor Soccer I - IV (1)

### Required Electives (8 units):

List A - Select two courses (7 - 9 units):

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>MATH 200</td>
<td>Elementary Probability &amp; Statistics</td>
<td>4</td>
</tr>
<tr>
<td>BIOL 150</td>
<td>Human Biology</td>
<td>3</td>
</tr>
<tr>
<td>CHEM 410</td>
<td>Chemistry for Health Science or</td>
<td>4</td>
</tr>
<tr>
<td>CHEM 210</td>
<td>General Chemistry I</td>
<td>5</td>
</tr>
<tr>
<td>PHYS 210</td>
<td>General Physics I</td>
<td>4</td>
</tr>
</tbody>
</table>

### Total Units Required in the Major Area:

22 - 24

Plus CSU General Education or IGETC for CSU requirements and additional CSU transferable elective courses as needed to reach a total of 60 units.