



SPRING 2019: CCSSE and the Lifelong Wellness ISLO

Background: Measuring student engagement on a variety of dimensions, the Community College Survey of Student Engagement (CCSSE) asks questions about student behaviors as well as institutional perceptions. It is useful for benchmarking and as a diagnostic tool, and although not intended, it can be used as a proxy for achievement of institutional SLOs. The primary drawback is that student responses are self –reported, as opposed to a direct evaluation of student work and behaviors.

The CCSSE was administered at Skyline College in spring 2016. One thousand and five Skyline College students took the survey, which also was administered in 2012 and 2008. In the past, the data was converted to 0- 100 scales, but now and in the future, the mean of each of the items will be analyzed since each item is more actionable than a holistic analysis. Items without scores from the past are new custom questions that were created to supplement the survey as an indirect measure of the ISLOs. They are designated with a C that precedes their item number.

The ISLO: Students will be able to demonstrate an understanding of lifelong wellness through physical fitness and personal development.

Lifelong Wellness includes the ability to:

- demonstrate an understanding of physical fitness and its role in lifelong wellness.
- take responsibility for identifying personal needs, determining resources, and accessing appropriate services for academic success.
- exhibit resilience by embracing effort as a path to mastery, persisting in the face of setbacks, and acknowledging and overcoming challenges.
- develop attitudes central to lifelong learning: openness, flexibility, intellectual curiosity, and a broad perspective that values diversity of thought.

Skyline College: Lifelong Wellness, Personal Development and Lifelong Learning – 2008, 2012, 2016 (weighted)

Item	Question	Response Scale	CCSSE 2008	CCSSE 2012	CCSSE 2016
4a	In your experiences at this college during the current school year, about how often have you done each of the following? Asked questions in class or contributed to class discussions	1 = Very little 2 = Some 3 = Quite a bit 4 = Very much	2.66	2.65	2.65
4l	In your experiences at this college during the current school year, about how often have you done each of the following? Discussed grades or assignments with an instructor	1 = Very little 2 = Some 3 = Quite a bit 4 = Very much	2.37	2.41	2.51
4m	In your experiences at this college during the current school year, about how often have you done each of the following? Talked about career plans with an instructor or advisor	1 = Very little 2 = Some 3 = Quite a bit 4 = Very much	1.96	2.01	2.07
9b	How much does this college emphasize each of the following: Providing the support you need to help you succeed in college	1 = Very little 2 = Some 3 = Quite a bit 4 = Very much	2.82	3.00	3.07
9d	How much does this college emphasize each of the following: Helping you cope with your non-academic responsibilities (work, family, etc.)	1 = Very little 2 = Some 3 = Quite a bit 4 = Very much	1.95	2.15	2.18
12a	How much has YOUR EXPERIENCE AT THIS COLLEGE contributed to your knowledge, skills, and personal development in the following areas? Acquiring a broad general education	1 = Very little 2 = Some 3 = Quite a bit 4 = Very much	2.83	2.91	3.05

Skyline College: Citizenship ISLO, Resilience – 2008, 2012, 2016 (weighted)

Item	Question	Response Scale	CCSSE 2016
C6	I believe I am in control of my education.	1 = Strongly Disagree 2 = Disagree 3 = Agree 4 = Strongly Agree	3.44
C7	When I face a disappointment (such as failing a test), I ask myself, "What lesson can I learn here?"	1 = Strongly Disagree 2 = Disagree 3 = Agree 4 = Strongly Agree	3.17
C8	When I work on a challenging task, I view the difficulties that arise as opportunities to strengthen my understanding.	1 = Strongly Disagree 2 = Disagree 3 = Agree 4 = Strongly Agree	3.23
C9	I know how to change habits of mine that hinder my success.	1 = Strongly Disagree 2 = Disagree 3 = Agree 4 = Strongly Agree	3.06
C10	When I have a problem, I take positive actions to find a solution.	1 = Strongly Disagree 2 = Disagree 3 = Agree 4 = Strongly Agree	3.30

