

MISSION STATEMENT:

TO EMPOWER AND TRANSFORM A GLOBAL COMMUNITY OF LEARNERS



Skyline Shines

February 8, 2013

Vol. 2 No. 20

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Kelly Huey Named 2012 Female Scholar-Athlete



Kelly Huey, who played women's basketball and attended Skyline College from 2010-2012, was named by the California Community College Athletic Association as their 2012 CCCAA Female Scholar Athlete. It is the highest honor that the CCCAA awards to student athletes among the 27,000 annual participants. Kelly completed 63.5 units at Skyline College with a perfect 4.0 grade point average. She was also a standout women's basketball player who was voted all-conference and team most valuable player during the 2010-2011 and 2011-2012 seasons. She is currently attending Concordia University in Oregon on an athletic scholarship while pursuing a major in Nursing.

Kelly will be receiving this award at the 2013 CCCAA Celebration of Student Athlete's Luncheon to be held on March 27, 2013 at the Marriott Hotel in San Mateo. The luncheon is scheduled to begin at 11:30 AM. If you are interested in attending, please contact Joe Morello at morelloj@smccd.edu prior to March 1st for registration information. Kelly is the first Skyline College student athlete and first San Mateo County Community College District student to earn this honor since it started in 1984. Congratulations Kelly!!!!!!

To learn more about how Kelly is doing at Concordia, please follow the link below:

<http://www.gocugo.com/news/2013/2/5/0205130336.aspx?path=wball>

Article by Joe Morello.

African American Heritage Month

February is National African American Heritage Month. Please join us as we celebrate culture and diversity with a list of dynamic events at Skyline College throughout the month of February. Encourage students to enter the essay contest. Details are listed below. Don't miss out on these events!

List of Activities & Events

February 2013

African American Heritage Month

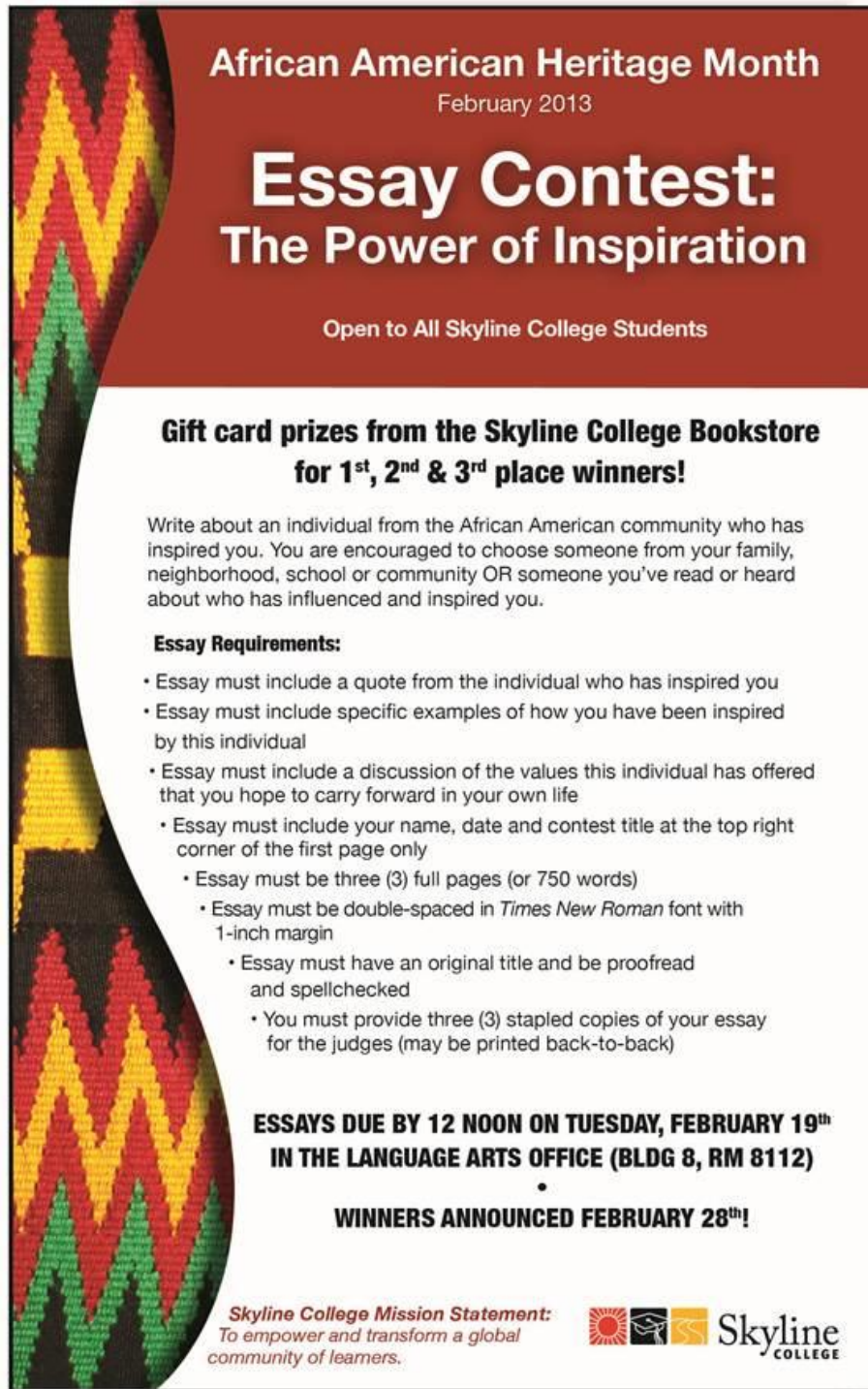
Please join us as we honor culture and diversity at Skyline College with the following events

Date	Event	Time	Location
Sat. Feb. 2	• City of Daly City Black History Month Celebration	12:00pm – 4:00pm	Pacelli Event Center 145 Lake Merced Blvd. Daly City, CA
Wed. Feb. 6	• Top 10 Transfer Institutions for African Americans	12:00pm – 2:00pm	2-116
Thurs. Feb. 7	• Financial Aid and Scholarship Resources for African Americans	12:00pm – 2:00pm	6-204 & 6-206
	• Expressions Through Black Music Project: Funktastic Concert	12:00pm – 1:00pm	Theater
Wed. Feb. 13	• Emerging Health Issues for African Americans	11:00am – 1:00pm	6-204 & 6-206
Tues. Feb. 19	• Deadline Date to Submit Essay for Contest	12:00pm	
Wed. Feb. 20	• Inside Africa Slideshow & Discussion	1:30pm – 3:00pm	Multicultural Center (Building 4)
Thurs. Feb. 21	• Issues Facing African American Veterans	12:00pm – 2:00pm	6-204 & 6-206
Fri. Feb. 22	• World Music Concert: WolfHawkJaguar	1:30pm	Theater
Thurs. Feb. 28	• Emerging Careers and Upcoming Trends • Announce Winners of the Essay Contest	12:00pm – 2:00pm	1-219B (Career Center)

Skyline College Mission Statement:
To empower and transform a global community of learners.



African American Heritage Month Essay Contest



African American Heritage Month
February 2013

Essay Contest: The Power of Inspiration

Open to All Skyline College Students

**Gift card prizes from the Skyline College Bookstore
for 1st, 2nd & 3rd place winners!**

Write about an individual from the African American community who has inspired you. You are encouraged to choose someone from your family, neighborhood, school or community OR someone you've read or heard about who has influenced and inspired you.


Essay Requirements:

- Essay must include a quote from the individual who has inspired you
- Essay must include specific examples of how you have been inspired by this individual
- Essay must include a discussion of the values this individual has offered that you hope to carry forward in your own life
- Essay must include your name, date and contest title at the top right corner of the first page only
 - Essay must be three (3) full pages (or 750 words)
 - Essay must be double-spaced in *Times New Roman* font with 1-inch margin
 - Essay must have an original title and be proofread and spellchecked
 - You must provide three (3) stapled copies of your essay for the judges (may be printed back-to-back)

**ESSAYS DUE BY 12 NOON ON TUESDAY, FEBRUARY 19th
IN THE LANGUAGE ARTS OFFICE (BLDG 8, RM 8112)**

WINNERS ANNOUNCED FEBRUARY 28th!

*Skyline College Mission Statement:
To empower and transform a global
community of learners.*



**Skyline
COLLEGE**

Meet Courtney Mogg – Outreach Counselor



The Counseling Division would like to introduce Courtney Mogg, Outreach Counselor at Skyline College. Courtney received her master's degree in Counseling, concentrating in College Student Services from Saint Mary's College of California. During the 2011/2012 academic year, she worked with the TRiO Program at Laney College in Oakland, where she served a diverse and at-risk student population.

In her previous career, Courtney was a Special Education teacher at both the high school and middle school level in Alameda. Although she thoroughly enjoyed working with this population of students, she knew that it did not align with her passion of working with college students.

Courtney states, "My goal as Outreach Counselor is to inform high school students about the variety of programs offered at Skyline College and the other colleges in the San Mateo Community College District. I look forward to working with everyone here on campus and wish everyone a successful semester."

Courtney came on board in December and has been a welcomed addition to the team. She will be working closely with the Outreach team that has been identified to be a centralized effort for community engagement. To contact Courtney directly, please email her at moggc@smccd.edu.

Article by Nohel Corral.

Call for Submissions: *Aming Kuwento II: The Next Chapter*

In Fall 2004, several students from the Filipino Student Union and Kababayan Program met Evangeline “Vangie” Canonizado Buell, Filipina community activist and co-founder of the East Bay chapter of the Filipino American National Historical Society (FANHS), who reminded all of us of the significance of remembering and writing about our history:

“If we do not tell our own history, then others will tell it for us — as *they* interpret it — and we will risk losing the essence and truth about the Filipino American experience. That history could fade from memory, and one day, our children’s children could be asking, ‘Who were our ancestors? What were they like? What did they do?’ and there could be no one to answer and nowhere to look.”

Moved by these inspiring words, these students created *Aming Kuwento: Our Stories*, a collection of artwork, photography, poetry, short stories, and essays about the Filipino and Filipino American experience. Students, faculty, staff, and community members all contributed to the project, which was funded by a Trustees’ Fund for Program Improvement awarded in Fall 2004.

This year, the Kababayan Program at Skyline College is celebrating its 10th anniversary, and to commemorate the event, with the help of the Literature 267: Filipino American Literature class, we are putting together *Aming Kuwento II: The Next Chapter*, another anthology about the Filipino and Filipino American experience, open to Filipinos and non-Filipinos at Skyline College alike.

Themes may include, but are not limited to, issues concerning family, friends, values, heritage, culture, language, immigration, racism, community — anything about you and your personal history, your story.

We are looking for:

- | | |
|-----------------|---------------|
| • Poetry | • Memoir |
| • Spoken Word | • Photography |
| • Song Lyrics | • Drawings |
| • Fiction | • Paintings |
| • Short Stories | • Sculpture |
| • Non-Fiction | |

We are inviting all students, staff, and faculty to submit their work. If you would like someone to come to your class to make the announcement, please let us know and we’ll see who is available. **Deadline for submissions is March 13, 2013.** For more information, please contact Liza Erpelo at x4119 or erpelol@smccd.edu, or visit our website at <http://amingkuwento2.blogspot.com/>.

Are you a writer, photographer, or artist?
 Want to get your work out there for the world to see?
 Here’s your chance to make the magic happen!

AMING KUWENTO II: THE NEXT CHAPTER




We are looking for:

• Poetry	• Memoir
• Spoken Word	• Photography
• Song Lyrics	• Drawings
• Fiction	• Paintings
• Short Stories	• Sculpture
• Non-Fiction	

Deadline for submissions is March 13, 2013.

<http://amingkuwento2.blogspot.com/>

Article by Liza Erpelo.

Education Master Plan

Skyline College has been engaged in the process of updating its Education Master Plan. To date, much has been done to collect feedback from all constituency groups for the revision (e.g. interviews, surveys, participatory governance meetings) and we thank you for your participation. A first draft of the document has been completed and uploaded onto the Planning, Research, and Institutional Effectiveness (PRIE) website at <http://skylinecollege.edu/prie/index.php> and all are welcome to review the draft in preparation for the public forum on Monday, February 25, 2013. A second draft will be posted on February 22, 2013 and from February 25 – March 8, 2013, all will be provided with an opportunity to provide feedback via an online form. Details on the Education Master Plan forum will be forthcoming.

We look forward to hearing from you between February 25 – March 8, 2013.

Article by Dr. David Ulate.

Skyline College Students Step Up for Sustainability

Skyline College Students Step Up present Be the Light of Change sustainability contest. What is your idea to improve Skyline College's Sustainability? Three grants, \$5,000 will be awarded to the winning ideas. Applications are due March 1, 2013 and presentations will be held March 19, 2013. Students will vote for the winner as part of the Skyline College Students Step Up program.

For more information & applications contact Jennifer Mair at mairj@smccd.edu <<mailto:mairj@smccd.edu>>.



What is *your* idea to improve Skyline's Sustainability?

3 Grants, \$5000 Awarded

Students Vote for the Winners

Applications Due March 1, 2013

Presentations March 19, 2013

Like Skyline Students Step Up on FB

For Information & Applications
email: mairj@smccd.edu

be the
light of
change

New Exhibit at Skyline College Art Gallery

Skyline College Art Gallery is proud to present *Body Language: Figures in Clay*, a group exhibition featuring nine Bay Area sculptors. The exhibition will be on view in the Gallery from February 4 – March 9, 2013. A reception for the Artists will be held on Tuesday, February 12, 2013 from 6:00 p.m. – 8:00 p.m. at the Skyline College Art Gallery.

For more information, including hours, please visit the gallery website <http://www.smccd.edu/accounts/skygallery> or <http://www.facebook.com/skygallery>

Body Language: Figures in Clay is an exhibition of nine Bay Area ceramic sculptors who use the human form as a vehicle of artistic expression. Each artist uses the plasticity of the clay material in distinctive ways to capture life, emotion, and attitude. Drawing from personal history, observations of life, and imagination, each artist captures unique aspects of the human experience. Ranging from realistic and representational to abstract and fantastical, the works invite you to engage because they are familiar forms that bring new perspectives.



Explorer, Lorraine Bonner



Murder! Murder! Murder! of Crows,
Tomoko Nakazato

Article by Paul Bridenbaugh.

Business Speaker Series Kicks Off February 13, 2013

Kappa Beta Delta presents the Spring 2013 Business Speaker Series! Join us for a lecture from Celia Canfield next Wednesday, February 13, 2013 at 2:00pm in Building 2, Room 2306 entitled *Where's the Green in Green? Understanding Market Shifts That Are Changing Our Economy.*

**Celia Canfield Lecture
Wednesday, February 13, 2013
2:00 pm – 3:00 pm
Building 2, Room 2306**

Celia Canfield is a regular speaker on the subjects of sustainability, green marketing, clean tech entrepreneurship and energy efficiency. She is a skilled communications expert and her experience includes print and web publishing with many leading companies.

Stay tuned for the next lecture in the Spring 2013 Business Speaker Series!



Spring 2013
Business Speaker Series



Celia Canfield

Where's the Green in Green? Understanding Market Shifts That Are Changing Our Economy

February 13 • 2:00-3:00 pm
Building 2, Room 2306

A regular speaker on the subjects of sustainability, green marketing, clean tech entrepreneurship and energy efficiency, Celia Canfield is a skilled communications expert. Her experience includes print and Web publishing with many leading companies.

Brought to you by the Skyline College President's Innovation Fund. Hosted by Kappa Beta Delta, Enactus and SparkPoint at Skyline College.





Community Emergency Response Team Training at Skyline College

The City of San Bruno and Skyline College are partnering up to hold a Community Emergency Response Team training course here at the college, to start February 27, 2013 and ending with graduation on April 13, 2013. Classes will be held on consecutive Wednesday nights with the exception of the Easter break, starting at 6:30PM and ending at 9PM.

The training is provided free of charge and covers a wide range of topics related to problems encountered when we have a disaster type event that occurs. The overall aim of the training is to provide knowledge, hone basic emergency skills and learn the value of working as a team to aid others in need of assistance.

Anyone can benefit from this training but it will be especially useful for us here at the college, should we be used as an evacuation site or find the need to evacuate the campus. Building captains and managers should endeavor, if possible, to avail themselves of this free training.

Lastly, we here at Skyline College are proud to work with the City of San Bruno and host this valuable class for the community at large. I hope to see you here.

Rob Dean
Chief, Public Safety

2013 Chinese New Year Celebration

Let's celebrate in grand style with Chinese folk dance showcase, dance instructions, Chinese Calligraphy and painting demo with instructions on how to write and paint traditional Chinese art. Enjoy The Legend of Kungfu movie, popular Chinese holiday games and a Chinese Food Fest! Please Join us for the festival in the Multicultural Center in Bld. 4 between 11:30 a.m.-1:30 p.m. on Wednesday, February 13, 2013.

Sponsored by the Skyline College Asian Studies Center, International Student Program and Kinesiology/Athletics and Dance Department.

Hosted by the Skyline College Asian Studies Center, The China Dance School & Theater in San Francisco and Skyline College International Student Program.

Funded by the Skyline College President Innovation Fund and International Student Program Office.

新年快樂
Chinese New Year

2013
Year of the
SNAKE

Wednesday, February 13, 2013
Multicultural Center in Bld. 4, 11:30 a.m.-1:30 p.m.

Gung Hay Fat Choy!

Xin Nian Kuai Le

Let's celebrate in grand style with a Chinese folk dance showcase, dance instructions, Chinese calligraphy and a painting demo with instructions on how to write and paint traditional Chinese art. Enjoy The Legend of Kungfu movie, popular Chinese holiday games and a Food Fest!

Sponsored by the Skyline College Asian Studies Center, International Student Program, the Kinesiology, Athletics & Dance Department and the China Dance School & Theater in San Francisco. Funded by Skyline College President Innovation Fund and International Student Program.

For more info contact:
Professor Hui X. Pate, Ph.D, pate@smccd.edu or (650) 738-4479



Skyline College Completes Sustainability Plan!

The Skyline College Sustainability plan is a part of a district-wide effort to improve campus sustainability at all three colleges in the San Mateo County Community College District. Through its Sustainability Plan, Skyline College will inspire a collaborative, global community of learners to empower and transform the College and the community, advancing social equity through environmental stewardship and sustainable practices.



A special thank you to the faculty, staff and students of the Sustainability Ambassador Network for their contributions to the Sustainability Plan. If you are interested in reviewing the working draft visit this link, <http://www.skylinecollege.edu/sustainability/assets/draft-sustainabilityplan/DRAFT-SkylineCommunityCollegeSustainabilityPlan.pdf>.

Please email all comments to lawrencegomezs@smccd.edu by 5pm Monday, February 11, 2013.



Article by Sabrina Lawrence-Gomez

VITA is Back!

Free Tax Preparation at Skyline College

SparkPoint at Skyline College and the Business Division, in partnership with [Earn it! Keep it! Save it!](#), are pleased to announce free income tax preparation assistance for students, faculty, staff and community members (households that earned less than \$51,000 in 2012).

Taxes will be prepared every Saturday, February 2 to Saturday, March 30, 2013 (except February 16), from 12:30 p.m. to 4:30 p.m. in Building 8, Room 8209. Please call SparkPoint at Skyline College at (650) 738-7035 to make an appointment.

Last year, student volunteers from Instructor John Miller's Volunteer Income Tax Preparation (VITA) class were able to complete over 200 tax returns, resulting in \$185,526 being returned to the community. We expect to complete even more returns this year, so book your appointment today!

For more information about VITA, please visit www.skylinecollege.edu/sparkpoint/services/FreeTaxPreparationAssistance.php.

For more information on SparkPoint @ Skyline College, please visit the SparkPoint website @ www.skylinecollege.edu/sparkpoint/ or contact Dr. William Watson, Director at william.watson@smccd.edu

Remember to [like us on Facebook!](#)



Article by Josh Jubelirer.

Domini Hoskins Black History Museum and Learning Center Opens in Woodside Plaza, Redwood City



The NFL Alumni Northern California Chapter is presenting the awesome Domini Hoskins Black History Museum and Learning Center from Saturday (Feb. 2) to Feb. 28 at 282 Woodside Plaza (next to Lucky's), in Redwood City.

Open to the public, the 11,000-square foot exhibit hours are from 10 a.m. to 7 p.m. Monday to Friday, from 10 a.m. to 6 p.m. Saturday, and from noon to 5 p.m. Sunday.

Parents, teachers and others who are interested in American history should be sure to visit this amazing display of black culture and history.

Carolyn Hoskins is the founder and executive director of the nonprofit Domini Hoskins Black History Museum and Learning Center Foundation and curator of the extensive exhibit. The widow of Robert "Bob" Hoskins, a former S.F. 49er defensive tackle, she is also a member of the NFL Alumni Northern California Chapter executive committee.

The museum and learning center is named after Carolyn Hoskins' grandson, 21-year-old Domini Hoskins. He admits that, "my favorite part of the museum is the sports collection."

"This is very, very passionate for me," said Carolyn Hoskins. "Kids in school are just not getting the knowledge about black history and the important roles blacks have held in our country. It's a lot of work and sometimes I get discouraged."

"People can go all over the country and never see a unique collection like this!" said Jeff Bayer, the NFL Alumni chapter's director of marketing.

Donations are \$5 per adult; \$3 per student and senior; and free for children five and under. Special group rates are also available.

Mid-Peninsula Boys & Girls Club, Seaport Storage in Redwood City, and Woodside Plaza Properties are also community partners for the exhibit.

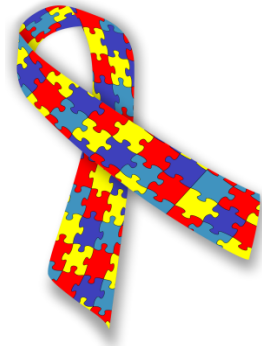
To learn more about special Black History events, visit: www.nflalumninocal.org. For more information about the museum and learning center, call either Carolyn Hoskins at 650-921-4191 or Jeff Bayer at 650-533-4949 or email: jbayer4949@aol.com.

Article by Carolyn Livengood, President's Council, San Mateo County Times

Panel on Autism in the College Classroom February 21, 2013

On February 21, 2013 from 12:00-1:30 p.m. in Building 6, Room 6203, the Disability Resource Center will host a panel presentation for faculty and staff on Autism in the College Classroom.

Colleges nationwide are seeing an increase in students with autism spectrum disorders. Drs. Pamela LaPage, Sue Courey, and Trang Nguyen of SFSU and the Autism Social Connection will be presenting information on working with students who have autism and answering questions. Don't miss your opportunity to learn more about how to support Skyline College students on the autism spectrum. Coffee and light refreshments will be served.



Article by Melissa Gonzalez.

Mental Health First Aid

Psychological Services, in conjunction with San Mateo Behavioral Health and Recovery Services, and the Filipino Mental Health Initiative began their Mental Health First Aid Training. This training teaches how to understand, identify and take action with individuals displaying emotional distress. There was a full house of thirty five attendees which included Skyline College faculty and staff as well as community members for this 4 week, 12 hour training event. Attendees were very excited with the materials and information presented.

Did you know that it is estimated 1 in 4 Americans have a diagnosable mental illness? The stigma surrounding mental illness often prevents people from seeking help, and this can interfere with a person ability to go to school, work, care for self and form relationships. The first night of the program began January 30, 2013 and the series will conclude on February 20, 2013.

Article by Beverly Muse.

Upcoming Spring Transfer Center Events SAVE THE DATE!



Transfer Fair
Wednesday, March 13, 2013
10:00 am - 1:00 pm, Building 6, Dining Hall

An opportunity for students to meet with representatives from private four-year colleges and universities. If you have class during this time, please consider bringing your class!

UC Davis Tour
Friday, March 15, 2013
All Day (Bus leaves at 7 a.m. sharp!)

Students will attend workshops, hear from faculty and student speakers and take a tour of the campus. Lunch and bus transportation will be provided.

Extra credit participation slips are available to students for all transfer events!

Now Hiring – America Counts Tutors

Please encourage your students to apply!

The Financial Aid Office is seeking to hire new Federal Work-Study students as tutors for the America Counts Program. Student must be:

- ? Receiving financial aid
- ? Not on any appeal status (Over 90 Units or SAP)
- ? English tutor: have completed or placed in ENGL 836 or higher
- ? Math tutor: have completed or placed in MATH 110 or higher
- ? Ability to make a one year commitment

Applications are available at the Financial Aid Office, Bldg. 2 - Room 2234. The deadline to submit an application is **February 28, 2013 by 6:30 p.m.**

For more information, please visit: [Pacifica School Volunteers - Job Opportunities Flyer](#) or <http://www.skylinecollege.edu/financialaid/americacounts.php>



Financial Aid is seeking a federal work-study student to work as a tutor for the America Counts Program. Student must be:

1. Receiving financial aid
2. Not on appeal status for over 90 units and/or Student Academic Progress (SAP)
3. Have completed ENGL 836 and Math 110

Contact Aileen Phuong at 650.738.4348 or conmigoa@smccd.edu

Women on Writing Event WOW! Voices Now

The flyer is divided into two main sections. The left section has a dark purple background and is titled "Featured Readings". It features two author portraits: Connie Post (top) and Patricia Powell (bottom). Next to Connie Post's portrait are her name and a list of her books: "And When the Sun Drops", "Trip Wires", "In a City of Words", and "Waking State". Next to Patricia Powell's portrait are her name and a list of her books: "The Pagoda", "The Fullness of Everything", "Me Dying Trial", and "A Small Gathering of Bones". The right section has a white background with a red-to-white gradient header that says "WOW! Voices Now". Below this, it reads "Women on Writing: A Morning of Readings and Refreshments". The date and time are "Saturday, March 2, 2013, 9:30 a.m. to 12:15 p.m." and the location is "Building 6, Room 6202". At the bottom of this section, it says "To RSVP or for more information contact Kathleen McClung at mcclungk@smccd.edu". The Skyline College logo is in the bottom right corner.

Save The Date for the Women on Writing event Saturday, March 2, 2013 from 9:30 a.m. to 12:15 p.m. in the Student and Community Center at Skyline College.

You are cordially invited to a festive morning of readings, conversation and conviviality. This year WOW! is scaling back from a day-long conference, and we're delighted to host a lively morning event to celebrate the WOW! community and creative spirit. Acclaimed authors Connie Post and Patricia Powell kick off the program by reading their work, and then we'll enjoy an Open Reading. Please join us!

Featured readings include:

Connie Post – Author of *And When the Sun Drops*, *Trip Wires*, *In a City of Words* and *Waking State*.

Patricia Powell – Author of *The Pagoda*, *The Fullness of Everything*, *Me Dying Trial* and *A Small Gathering of Bones*.

RSVP by February 15, 2013 to Kathleen McClung at Skyline College, 3300 College Drive, San Bruno, CA 94066.

March 21, 2013

PRESIDENT'S BREAKFAST

Skyline College 13th Annual President's Breakfast SAVE THE DATE!

When

Thursday March 21, 2013 from
7:00 AM to 8:30 PM PDT

[Add to Calendar](#)

Save the date for the 13th Annual President's Breakfast!

Thursday, March 21, 2013

Networking at 7:00 a.m., Breakfast at 7:30 - 8:30 a.m.

Where

**South San Francisco
Conference Center**

255 South Airport Boulevard
South San Francisco, CA 94080

**South San Francisco Conference Center
255 South Airport Boulevard
South San Francisco, CA 94080**

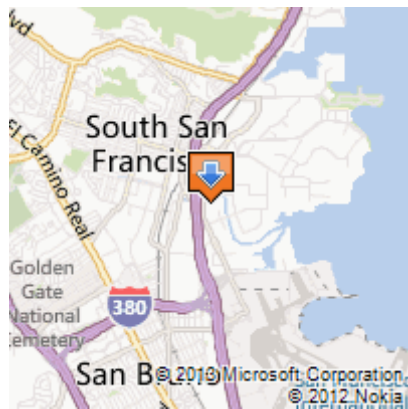
*Special thanks to Pacific Gas and Electric Company for
hosting the complimentary breakfast.*

Please RSVP by Monday, March 11, 2013.

[Get more information](#)

[Register Now!](#)

[I can't make it](#)



[Driving Directions](#)

The President's Council and I look forward to seeing you on Thursday, March 21 at the breakfast.

Sincerely,

Regina Stanback Stroud, President

skypresbreakfast@smccd.edu

(650) 738-4325

Accreditation Update

One of the reports the college submits to the Accrediting Commission is the Distance Education Substantive Change Proposal 2012-2013. The proposal is being finalized and will be submitted. The entire proposal will be posted on the Office of Planning, Research and Institutional Effectiveness (PRIE) website next week. The proposal contains a number of interesting appendices that you might be interested in viewing now.

The appendices include data and information about the Skyline Colleges distance education programs. Some of the topics include:

- Appendix A: Degrees Substantially Available through Distance Learning
- Appendix B: Certificates Substantially Available through Distance Learning
- Appendix C: Associate in Arts/Science Degree Requirements, General Education & Other Requirements Available through Distance Learning
- Appendix D: Majors Substantially Available through Distance Learning
- Appendix E: California State University General Education Pattern (CSU-GE) Availability through Distance Learning
- Appendix F: Trends--Enrollments and Distance Education Faculty

To view all of the appendixes please visit the PRIE website at: <http://www.skylinecollege.edu/prie/deresources.php>

Skyline Shines!

Article by Donna Bestock and Christine Roumbanis.

Scholarship Workshops

The Financial Aid Office will be providing numerous workshops on scholarships in order to better inform students about the scholarship application and personal statements. Please encourage your students to attend any of the workshops below in order to help increase their chances of receiving scholarships. Additionally, if you have been asked by a student to write a letter of recommendation, please have those letters in by the scholarship deadline of Thursday, February 14, 2013 at 6:00 p.m.

Please contact Crystal Shetaya, Scholarship Coordinator, at shetayac@smccd.edu if you would like any scholarship presentations for your classes.

If you would like to donate to scholarships please contact Roxanne Brewer at the foundation brewerr@smccd.edu.

Workshop Topic	Day	Date	Time	Location
Personal Statement	Mon	Feb. 4, 2013	2:00-3:00pm	5115
STARS/Scholarship Application	Thurs	Feb. 7, 2013	4:00-5:00pm	2117B



**Scholarship Application
Available Now**

Get a jump start!

Deadline: February 14, 2013 at 6:00 pm

Application online at www.skylinecollege.edu/financialaid/scholarships.php

Personal statement and letter of recommendation required with application

Questions? Contact Financial Aid at:
shetayac@smccd.edu
 (650) 738-7011

Skyline College Mission Statement: To empower and transform a global community of learners



Article by Crystal Shetaya.

TRiO Spring 2013 Semester Kick-Off!



On Friday, February 1, 2013, more than forty-five new and continuing TRiO students enjoyed lunch and celebrated the beginning of the Spring 2013 semester. The purpose of the event was to build community by strengthening collaboration between students and strengthen their sense of common purpose of being in TRiO.

Students took part in a fun and interactive activity that soon had everyone engaged! Through this inspirational exercise, they identify academic goals and their intended major, they discovered interesting facts about each other realized how much they have in common with their peers. At the event, students were also informed about upcoming TRiO workshops and events, as well as, important deadlines for the Spring semester.

This fun-filled and educational event served to kick-off another great semester. A special thank you goes out to all TRiO staff for the great work they do to assist TRiO students accomplish their goal of earning an AA degree and transferring to a four-year college/university.

Article written by Dr. Raymond Jones and Photos by Felix Perez

The 'flu and you

Influenza or 'flu activity remains elevated in most of the country, including California. As a result, students, staff and faculty are still at risk for getting the 'flu and passing it onto others. The Skyline College Health Center is encouraging everyone to get vaccinated against the 'flu.

Many people don't get vaccinated against the 'flu because of misinformation about the vaccine. Below are some common concerns and facts about the 'flu, taken from the Centers for Disease Control <http://www.cdc.gov/flu/index.htm>



Can a flu shot give you the flu?

No, a flu shot cannot cause flu illness. The influenza viruses contained in a flu shot are inactivated (killed), which means they cannot cause infection. Flu vaccine manufacturers kill the viruses used in the vaccine during the process of making vaccine, and batches of flu vaccine are tested to make sure they are safe.

Why do some people not feel well after getting the seasonal flu shot?

Some people report having mild reactions to flu vaccination. Common reactions to the flu shot are described below.

Reactions to the flu shot:

The most common reaction to the flu shot in adults has been soreness, redness or swelling at the spot where the shot was given. This usually lasts less than two days. This initial soreness is most likely the result of the body's early immune response reacting to a foreign substance entering the body. Other reactions following the flu shot are usually mild and can include a low grade fever and aches. If these reactions occur, they usually begin soon after the shot and last 1-2 days. The most common reactions people have to flu vaccine are considerably less severe than the symptoms caused by actual flu illness.

What about serious reactions to flu vaccine?

Serious allergic reactions to flu vaccines are very rare. If they do occur, it is usually within a few minutes to a few hours after the vaccination. While these reactions can be life-threatening, effective treatments are available.

What about people who get a seasonal flu vaccine and still get sick with flu-like symptoms?

There are several reasons why someone might get a flu-like illness, even after they have been vaccinated against flu.

1. Some people can become ill from other respiratory viruses besides flu such as rhinoviruses, which are associated with the common cold, cause symptoms similar to flu, and also spread and cause illness during the flu season. The flu vaccine only protects against influenza viruses, not other viruses.
2. It is possible to be exposed to influenza viruses, which cause the flu, shortly before getting vaccinated or during the two-week period after vaccination that it takes the body to develop immune protection. This exposure may result in a person becoming ill with flu before protection from the vaccine takes effect.
3. Some people may have been exposed to an influenza virus that is very different from the viruses the vaccine is designed to protect against. The ability of a flu vaccine to protect a person depends largely on the similarity or “match” between the viruses selected to make the vaccine and those spreading and causing illness. There are many different influenza viruses that spread and cause illness among people.
4. The flu vaccine doesn’t always provide adequate protection against the flu. This is more likely to occur among people that have weakened immune systems or people age 65 and older.

Is it better to get the flu than the flu vaccine?

No. Flu is a serious disease, particularly among young children, older adults, and people with certain chronic health conditions, such as asthma, heart disease or diabetes. Any flu infection can carry a risk of serious complications, hospitalization or death, even among otherwise healthy children and adults. Therefore, getting vaccinated is a safer choice than risking illness to obtain immune protection.

Do I really need a flu vaccine every year?

Yes, a yearly flu vaccine is recommended for just about everyone 6 months and older, even when the viruses the vaccine protects against have not changed from the previous season. The reason for this is that a person’s immune protection from vaccination declines over time, so an annual vaccination is needed to get the “optimal” or best protection against the flu.

Article by Terri Sofarelli

Coming Up...

Monday, February 11, 2013

- 10:00 a.m. – 2:00 p.m., [Career Center Workshop – Myers – Briggs Type Indicator \(MBTI\) Career Assessment Interpretations](#) (Workshops will be held every hour on the hour), Building 1, Room 1219B

Tuesday, February 12, 2013

- 9:00 a.m. – 2:00 p.m., [Career Center Workshop – Myers – Briggs Type Indicator \(MBTI\) Career Assessment Interpretations](#) (Workshops will be held every hour on the hour), Building 1, Room 1219B
- 6:00 p.m. – 7:00 p.m., [Career Center Workshop – Myers – Briggs Type Indicator \(MBTI\) Career Assessment Interpretations](#), Building 1, Room 1219B
- 6:00 p.m. – 8:00 p.m., [Art Gallery Show Opening Reception *body language: figures in clay*](#), Skyline College Art Gallery, Building 1, First Floor

Wednesday, February 13, 2013

- 12:00 p.m. – 6:00 p.m., [Career Center Workshop – Myers – Briggs Type Indicator \(MBTI\) Career Assessment Interpretations](#) (Workshops will be held every hour on the hour), Building 1, Room 1219B
- 1:00 p.m. – 4:00 p.m., [BACC Workshop by SparkPoint & Financial Aid](#), Library Computer Lab

Thursday, February 14, 2013

- 11:00 a.m. – 4:00 p.m., [Career Center Workshop – Myers – Briggs Type Indicator \(MBTI\) Career Assessment Interpretations](#) (Workshops will be held every hour on the hour), [Building 1, Room 1219B](#)

Friday, February 15, 2013

- [Lincoln's Birthday - Holiday \(Observed\)](#)
- [Scholarship Application Deadline!](#)

Saturday, February 16, 2013

- [Declared Recess](#)

Sunday, February 17, 2013

- [Declared Recess](#)

For the latest information on events and activities happening at Skyline College, please view our calendar at the following link: <http://www.skylinecollege.edu/events/index.php>

If you would like to include your college event or activity on the calendar, please submit the event, date, time and location to Cherie M. Napier via email at napierc@smccd.edu.

Guidelines for Skyline Shines Submissions

Many of you submit material to be included in Skyline Shines. Thanks so much for taking to time to help me keep the college informed. Here are a few guidelines that will facilitate the publication of Skyline Shines each week:

Send submission to skylineshines@smccd.edu

- **Submit your article by 3:00 p.m. on Thursdays; articles received after this time will appear in the following week's issue**
- Place your submission in a Word document with your pictures pasted in the document.
- Use medium sized pictures that are equal to 1/4 or 1/2 of a page.
- Use Times New Roman 12pt. font that is justified to the left for the body of the article.
- Don't forget to add a headline/title using 18 pt. bold font that is justified to the center
- Use the following commonly accepted abbreviations: a.m. or p.m. (i.e. "The event will be held from 8:00 a.m. – 1:30 p.m." "The workshop is scheduled to run from 9:30 a.m. – Noon.")
- Spell out numbers of one or two words. Use figures for numbers that require more than two words to spell out. (i.e., "Almost eight years ago I began taking ceramics courses." And "I counted 176 records on the shelf.")
- If a sentence begins with a number, spell out the number or rewrite the sentence.
- Use the month, day, a comma and the year to indicate the date (i.e., "March 4, 2011" not "March 4th, 2011 or March 2nd, 2011").
- Add the word College when you refer to the name Skyline (i.e., Skyline College instead of Skyline).

Do you have a suggestion?

One way to submit it is through our general **e-Suggestion Box**, via the hyperlink in the box below <http://skylinecollege.edu/publicinformationoffice/feedback.php>



Feedback and Suggestion Box

For state level information on community colleges, see these websites:

- The California Community College Chancellor's Office in Sacramento: <http://www.cccco.edu/>
- The Community College League of California: <http://www.ccleague.org/>
- The Research and Planning Group: <http://www.rpgroup.org/>

Skyline Shines is archived at

<http://www.skylinecollege.edu/presidentsoffice/skylineshines.php>