

Unit Course Assessment Report - Four Column

San Mateo CCCD

SKY Dept - Dance

Course Outcomes	Means of Assessment & Success Criteria / Tasks	Results	Action & Follow-Up
<p>SKY Dept - Dance - SKY DANC 350 - Cardio Dance - 1) Technique - Demonstrate the correct anatomical alignment needed to perform exercises safely. (Created By SKY Dept - Kinesiology)</p> <p>Course Outcome Status: Active</p>	<p>Assessment Method: A) In-Class workouts Assessment Instrument: Daily participation points in progressive exercises</p>	<p>12/30/2011 - 70% Success: 24 Students Total, 17 Completed over 70% of In-Class Workouts. Result Type: Criterion met Reporting Cycle: 2011 - 2012</p>	
	<p>Assessment Method Category: Presentation/Performance Success Criterion: Performance Criteria: 70% of students will complete 70% of In-Class workouts</p>	<p>12/18/2009 - 1.2 Major Assignment: In-Class workouts Assessment Instrument: Daily participation points in progressive exercises Performance Criteria: 70% of students will complete 70% of In-Class workouts Results: 20/23 Students = 87% of Students Completed 80% of In-Class Workouts</p> <p>Result Type: Criterion met Reporting Cycle: 2009 - 2010</p>	
	<p>Assessment Method: B) In class demonstration Assessment Instrument: Students are separated into groups to perform the assignment they have learned over three weeks. Students receive corrections from the instructor and from their classmates, and must incorporate these corrections into their demonstration.</p>	<p>05/28/2011 - 95% (20/21) Students showed improvement on 3 of 5 corrections Result Type: Criterion met Reporting Cycle: 2010 - 2011</p>	
	<p>Assessment Method Category: Presentation/Performance Success Criterion: Performance Criteria: 70% of students will show improvement on 3 of 5 corrections</p>		

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	<p>Assessment Method: C) Video Self-Analysis Assessment Instrument: Students learn to critique their own movement by watching video of their performances</p> <p>Assessment Method Category: Other</p> <p>Success Criterion: Performance Criteria: 70% of students will be able to assign themselves a constructive alignment correction by analyzing video of their movement</p>	<p>07/27/2012 - 33/33 Students created at least five goals for themselves, and 33/33 improved at 3/5 of those goals. Result Type: Criterion met Reporting Cycle: 2012 - 2013 Related Documents: Video Self Analysis Form</p> <p>12/20/2010 - 90% of Students demonstrated improvement in alignment in their Final Projects. (35 Students total, 30 completed Final Projects) Result Type: Criterion met Reporting Cycle: 2010 - 2011 Related Documents: Dance Rubric Cardio Dance Rubric General</p> <p>05/21/2010 - 1.2 Major Assignment: Major Assignment: Video Self-Analysis Assessment Instrument: Students learn to critique their own movement by watching video of their performances Performance Criteria: 70% of students will be able to assign themselves a constructive alignment correction by analyzing video of their movement</p> <p>Results: 15/18 Students = 83% of Students Could Self-Correct Alignment</p> <p>Result Type: Criterion met Reporting Cycle: 2009 - 2010</p>	
<p>SKY Dept - Dance - SKY DANC 350 - Cardio Dance - 2) Choreography - Create a varied aerobic routine (including warm up and cool down periods) incorporating a</p>	<p>Assessment Method: A) Across the Floor: In class demonstration. On a weekly basis, students must perform isolations, jazz walks, body rolls and basic</p>	<p>12/30/2011 - 70% Success: 24 Students Total, 17 Demonstrated the corrections requested by the instructor during the Across the Floor portion of</p>	

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<p>variety of dance moves such as isolations, jazz walks, body rolls and basic turns for conditioning outside the classroom environment. (Created By SKY Dept - Kinesiology)</p>	<p>turns during the Across the Floor section of class. Students receive corrections from the instructor in process, and incorporate these corrections into their demonstration during the next repetition.</p>	<p>class. Result Type: Criterion met Reporting Cycle: 2011 - 2012</p>	
<p>Course Outcome Status: Active</p>	<p>Assessment Method Category: Presentation/Performance Success Criterion: Performance Criteria: 70% of students will show improvement on 3 of 5 corrections</p>	<p>05/21/2010 - 2.2 Major Assignment: ?Across the Floor? Assessment Instrument: In class demonstration. On a weekly basis, students must perform isolations, jazz walks, body rolls and basic turns during the ?Across the Floor? section of class. Students receive corrections from the instructor in process, and incorporate these corrections into their demonstration during the next repetition. Performance Criteria: 70% of students will show improvement on 3 of 5 corrections</p> <p>Results: 15/18 Students = 83% of Students Could Self-Correct Alignment</p> <p>Result Type: Criterion met Reporting Cycle: 2009 - 2010</p>	
	<p>Assessment Method: B) Choreography / Performance: Students will each choreograph 3 sets of 8-count, aerobic choreography. They will demonstrate their choreography alone, while the other group members hold positions around them. The groups will perform all choreography in front of the class.</p>	<p>05/28/2011 - 95% (20/21) Students created and performed the assigned amount of movement. Result Type: Criterion met Reporting Cycle: 2010 - 2011</p>	
	<p>Assessment Method Category: Capstone Assignment/Project Success Criterion: Performance Criteria: 70% of students will create and perform the assigned amount of movement.</p>	<p>12/18/2009 - 2.1 Major Assignment: Final Project ? Choreography Assessment Instrument: Students will each choreograph 3 sets of 8-count, aerobic choreography. They will demonstrate their choreography alone, while the other group members hold positions around them. The groups will perform all choreography in front of the class. Performance Criteria: 70% of students will create and perform the assigned amount of movement.</p>	

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		<p>Results: 19/23 = 83% of Students Completed and performed the assigned amount of movement.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p>	
	<p>Assessment Method: C) Video Self-Analysis: Students learn to critique their own movement by watching video of their performances</p> <p>Assessment Method Category: Other</p> <p>Success Criterion: Performance Criteria: 70% of students will be able to assign themselves a constructive alignment correction by analyzing video of their movement</p>	<p>07/27/2012 - 33/33 Students created at least five goals for themselves, and 33/33 improved at 3/5 of those goals.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p> <p>Related Documents: Video Self Analysis Form</p>	
		<p>01/11/2011 - 90% of Students were able to assign themselves a constructive alignment correction. (27/30 students)</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <p>Related Documents: Dance Rubric General</p>	
<p>SKY Dept - Dance - SKY DANC 350 - Cardio Dance - 3) Fitness - Identify/explain the important relationship between consistent aerobic exercise, health and wellness, and establish an increase in general fitness and wellness developed through daily activity, especially increased strength, stamina and flexibility. (Created By SKY Dept - Kinesiology)</p> <p>Course Outcome Status: Active</p>	<p>Assessment Method: A) Fitness tests Assessment Instrument: Comparison of early and late semester fitness test activities</p> <p>Assessment Method Category: Pre and post testing</p> <p>Success Criterion: Performance Criteria: 70% of students will show improvement on 3 of 5 fitness tests</p>	<p>01/11/2011 - 71% Showed Improvement on Step Test</p> <p>91% Lost Weight and/or Body Fat</p> <p>74% Lowered their Resting Heart Rate</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p>	
	<p>Assessment Method: B) In-Class workouts</p>	<p>05/28/2011 - 95% (20/21) of students completed 70% of In-Class workouts</p>	

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	<p>Assessment Instrument: Daily participation points in progressive exercises</p> <p>Assessment Method Category: Presentation/Performance</p> <p>Success Criterion: Performance Criteria: 70% of students will complete 70% of In-Class workouts</p>	<p>Result Type: Criterion met</p> <p>Reporting Cycle: 2010 - 2011</p> <hr/> <p>12/18/2009 - 3.3 Major Assignment: In-Class workouts</p> <p>Assessment Instrument: Daily participation points in progressive exercises</p> <p>Performance Criteria: 70% of students will complete 70% of In-Class workouts</p> <p>Results: 20/23 Students = 87% of Students Completed 80% of In-Class Workouts</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p>	
	<p>Assessment Method: C) Self assessment</p> <p>Assessment Instrument: Short answer/essay</p> <p>Assessment Method Category: Survey</p> <p>Success Criterion: Performance Criteria: 70% of students will be self-assess an increased sense of fitness and wellness at the end of the semester.</p>	<p>07/27/2012 - 33/33 Students created at least five goals for themselves, and 33/33 improved at 3/5 of those goals.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2012 - 2013</p>	
		<p>12/30/2011 - 93% (15/16) students surveyed reported 4 or 5 on a scale of 1-5 when asked to rate the improvement in their cardiovascular endurance after taking the class for a semester. (The remaining student rated themselves "3" on improvement.)</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2011 - 2012</p>	
		<p>05/21/2010 - 3.2 Major Assignment: Self assessment</p> <p>Assessment Instrument: Short answer/essay</p> <p>Performance Criteria: 70% of students will be self-assess an increased sense of fitness and wellness at the end of the semester.</p>	

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		<p>Results: 7/8 (who completed both beginning and end Self Assessments) Students = 88% of Students Completed 80% of In-Class Workouts</p> <p>I know this is a small percentage of the students in the class, however, our Fitness Tests were lost this semester, so I am using a back-up assessment method.</p> <p>Result Type: Criterion met</p> <p>Reporting Cycle: 2009 - 2010</p>	